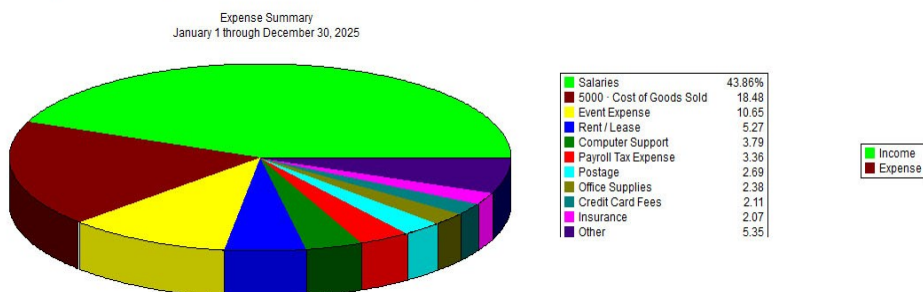
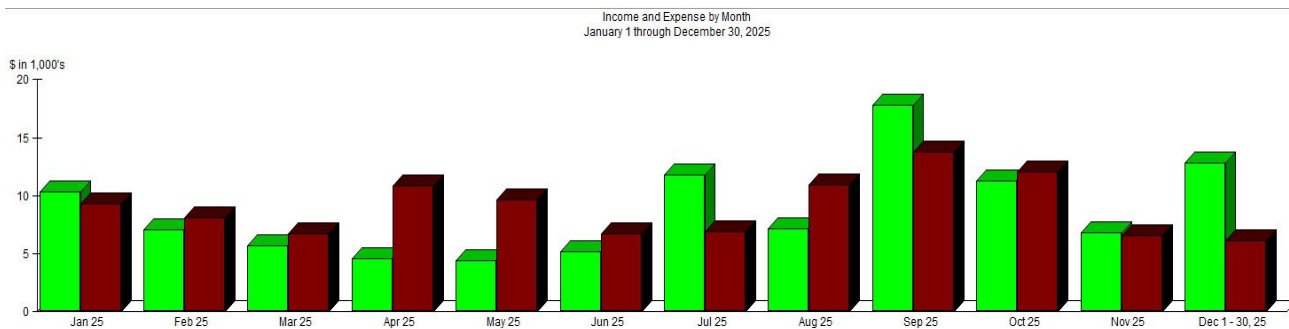


WESTERN SLOPE NOTES



January-February 2026



Central Office of Western Colorado Profit & Loss

January 1 through December 30, 2025

| Jan 1 - Dec 30, 25 | |
|--------------------------------|-------------------|
| Ordinary Income/Expense | |
| Income | |
| Group Contributions | 41,124.69 |
| Individual Contributions | 13,215.82 |
| Reimbursed Expenses | 1,414.28 |
| Sales | 27,905.54 |
| Total Income | 83,660.33 |
| Cost of Goods Sold | 20,596.06 |
| Gross Profit | 63,064.27 |
| Expense | 76,422.25 |
| Net Ordinary Income | -13,357.98 |
| Other Income/Expense | 975.97 |
| Net Income | -12,382.01 |



Mailing Address:

PO Box 1531 Grand Jct., CO 81502

Physical Address:

740 Gunnison, Grand Jct., CO 81501





Western Slope Notes January-February 2026



Board of Directors

Chair-Gene F - Vice Chair - Cindy D- Secretary – OPEN

Treasurer–Tammi T MAL—Dist.1 - Open MAL— Dist. 2 Dena M MAL Dist. 5 - Open

MAL Dist. 14—Betsy MAL– Dist. -17- Open MAL– Dist. -18– Open MAL Dist. 20—Dan J

Central Office Manager-Teresa M Asst. Manager- Bonnie B

From Intergroup/Steering Committee Chair, Gene F

Excerpts from this article are taken from "The AA Group - where it all begins..."

Alcoholics Anonymous has been called an upside down organization because “the ultimate responsibility and final authority for A.A. world services resides with the groups.”

The entire structure of A.A. depends upon the participation and conscience of the individual groups, and how each of these groups conducts its affairs has a ripple effect on A.A. everywhere. Thus, we are ever individually conscious of our responsibility for our own sobriety and, as a group, for carrying the A.A. message to the suffering alcoholic who reaches out to us for help.

A.A. is shaped by the collective voice of its local groups and their representatives to Intergroup, whose primary purpose is to carry the message to the still suffering alcoholic. Each group functions independently, except in matters affecting other groups or A.A. as a whole.

A.A.’s essential services are done by alcoholics who are themselves recovering in the Fellowship, and each of us is entitled to do our A.A. service in the way we think best within the spirit of the Traditions. This means that we function as a democracy, with all plans for group action approved by the majority voice. No single individual is appointed to act for the group or for Alcoholics Anonymous as a whole. The better informed the members, the stronger and more cohesive the group – and the greater the assurance that when a newcomer reaches out for help, the hand of A.A. always will be there.

It takes member participation to ensure that group service work is done. Most of us agree that A.A. ought never be “organized.” However, without endangering our commitment to preserve our spiritual and democratic Fellowship, we can “create service boards or committees directly responsible to those they serve” (Tradition 9).

In the many locations where an Intergroup (or Central Office) has been formed, each group elects an intergroup representative, who participates in business meetings with other Intergroup Representatives monthly to share their groups’ experience in carrying the A.A. message. The Intergroup Representative tries to keep their group well-informed about what your local Central Office is doing. Your Central Office is often where the still-suffering alcoholic first calls or shows up for A.A. help.

Although local Intergroups operate independently of A.A.’s worldwide service structure, they are a vital part of the Fellowship. In most areas, any group that so wishes can belong to the local Intergroup, which is supported by group contributions and literature sales.

Most Intergroups function with only one or two paid workers and so rely heavily on A.A. volunteers for help. Many A.A. members have found that serving at Intergroup and doing what needs to be done – greatly enriches their sobriety.



Western Slope Notes January-February 2026



From Intergroup/Steering Committee Chair (continued)

Intergroup operates much the same as your local District in which decisions are made by GSR's, Officers and Committee Chairs; Area 10 where decisions are made by GSR's throughout Colorado, Officers, Committee Chairs and Past Delegates; and General Service Conference where decisions are made by Delegates and Trustees. An A.A. member recently suggested that we poll AA groups on important matters since there is little participation by groups in Intergroup. Central Office is a 501c3 Non Profit Corporation similar to the General Service Board and much like the GSB must meet requirements set by the State of Colorado. That means we must have a Board of Directors and hold regular meetings with decisions made according to our By-Laws by groups represented by an Intergroup Representative. District, Area 10 and the General Service Conference don't make decisions via polls. They make decisions by A.A. members who are elected by their group, district or area who show up and participate in the process.

Currently we have 12 Groups of 200+ Groups and 2 Districts of 7 Districts in Western Colorado represented at our Intergroup Meetings. Those 12 Intergroup Representative and 2 Members at Large along with Officers and Central Office Manager are making decisions that affect all Central Office decisions. Central Office needs your group to participate by electing an Intergroup Rep that shows up and participates in our monthly Intergroup Meetings. Additionally, there are 2 officer positions available including Treasurer and Secretary that will serve on the Executive Committee (Board of Directors) and be responsible for the administrative operations and policies of the Central Office. From Concept 9 - "Good service leadership at all levels is indispensable for our future functioning of A.A."

Step 12 states "Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs" In my opinion, Central Office and participation with Intergroup is the best example of 12 Step work at its finest. I ask each and every A.A. member to review this article with your group and ask if your group doesn't have an Intergroup Rep or Member at Large for your District to ask someone to step up to participate in this vital 12 Step work.

Gene F

Steering Committee Chair





Western Slope Notes January-February 2026

Financial News



We try to send out Thank You notes to acknowledge your contributions and to provide you with a receipt for your records. If you haven't received a Thank You it is probably because we don't have a good address for your group. When possible, please provide a mailing address so we can

Thank You for your support!

Group Contributions

| | <u>Oct 30 - Dec 30, 25</u> |
|---------------------------|----------------------------|
| Colbran AA Meeting | 107.00 |
| Cortez Fellowship Group | 25.00 |
| Crested Butte (CBAA) | 640.00 |
| Delta Saturday Nite | 207.00 |
| Design for Living-Edwards | 50.00 |
| District 01 | 150.00 |
| Eagle Fairgrounds | 250.00 |
| Edwards Noon Group | 100.00 |
| Forever Young | 242.34 |
| Go For It | 70.53 |
| Grand Mesa Group | 50.00 |
| Lake City AA | 185.00 |
| Lunch Bunch-GJ | 243.61 |
| Melody Step Study Group | 200.00 |
| Odd Balls | 398.08 |
| On the Promises | 140.00 |
| Pagosa Group | 100.00 |
| Primary Purpose | 200.00 |
| Rifle Back to Basics | 200.00 |
| Rifle Jump Start Group | 206.00 |
| Saturday Night Live | 300.00 |
| See You Thursday | 100.00 |
| Sometimes Slowly | 136.25 |
| Summit Serenity Sisters | 50.00 |
| There Is A Solution | 760.00 |
| Two Mile High | 343.20 |
| Up to Ouray in AA | 115.00 |
| We are not Saints | 50.00 |
| WTF-Welcome to Fruita | 352.75 |
| TOTAL | <u>5,971.76</u> |

Individual Contributions

| | <u>Oct 30 - Dec 30, 25</u> |
|--------------------------|----------------------------|
| Individual Contributions | 7,542.00 |



2025 Expenses

| Expense | |
|-------------------------|-------------------------|
| Cash Over/Short | 1.87 |
| Computer Support | 4,086.24 |
| Credit Card Fees | 1,583.33 |
| Dues & Subscriptions | 50.00 |
| Employee Travel | 1,248.65 |
| Event Expense | 785.13 |
| Insurance | 2,233.00 |
| Intergroup Refreshments | 30.69 |
| Internet Connection | 1,199.98 |
| Licenses & Permits | 41.00 |
| Office Supplies | 2,445.67 |
| Payroll Tax Expense | 3,620.53 |
| Postage | 2,900.69 |
| Printing / Copying | 295.62 |
| Professional Fees | 705.00 |
| Rent / Lease | 5,681.04 |
| Salaries | 47,322.50 |
| Sales Tax Adjustment | 361.44 |
| Telephone Expense | 1,171.98 |
| Training Expense | 150.00 |
| Web-Site Expense | 485.00 |
| Write Offs | 22.89 |
| Total Expense | <u>76,422.25</u> |

A Special Thanks to all the Groups that have donated over the last couple of months! Your support means the world to us!!!!



Western Slope Notes January-February 2026



January Sobriety Celebration

| | | | | | |
|----------|---|-----------------------|---|----|-----------|
| Mona | B | Women's Outreach | 1 | 1 | 49 |
| Penny | N | Craig #1 | 1 | 1 | 43 |
| James | L | Odd Balls | 1 | 1 | 41 |
| Steve | A | Lunch Bunch | 1 | 1 | 38 |
| Lynn | C | Aspen / Basalt | 1 | 1 | 37 |
| Pete | F | Silt Wild Bunch | 1 | 1 | 29 |
| Elisa | W | | 1 | 1 | 27 |
| Jack | L | Back To Basics | 1 | 1 | 26 |
| Jack | W | Over the Hump | 1 | 1 | 22 |
| Kathy | A | | 1 | 1 | 21 |
| Christie | S | Durango Central | 1 | 1 | 18 |
| Boe | N | | 1 | 1 | 9 |
| Brad | O | Aspen Men's Group | 1 | 2 | 35 |
| Stacy | F | Aspen | 1 | 2 | 31 |
| Jude | M | OddBalls | 1 | 3 | 50 |
| Cathy | C | Ridgway / Ouray | 1 | 4 | 21 |
| Janet | V | Lunch Bunch | 1 | 6 | 17 |
| Tom | E | Just for Today | 1 | 7 | 25 |
| Tricia | M | | 1 | 7 | 22 |
| Micheal | J | | 1 | 8 | 15 |
| Becky | A | Delta Area Group | 1 | 9 | 42 |
| Zelinda | B | As Bill Sees It | 1 | 10 | 43 |
| Loren | C | Lunch Bunch | 1 | 10 | 36 |
| Jackie | S | Original Clifton | 1 | 10 | 32 |
| Don | D | Odd Balls | 1 | 10 | 23 |
| Len | S | Lunch Bunch | 1 | 10 | 23 |
| Mark | M | | 1 | 10 | 19 |
| Paula | G | Hotchkiss | 1 | 11 | 34 |
| Reid | B | Norwood | 1 | 12 | 23 |
| Bob | M | The Other Group | 1 | 12 | 20 |
| Dee | B | | 1 | 13 | 17 |
| Jeff | L | Steamboat Seagulls | 1 | 14 | 46 |
| David | B | Down Valley Derelicts | 1 | 14 | 31 |
| Rob | S | Craig #1 | 1 | 14 | 20 |
| Ed | M | OddBalls | 1 | 14 | 16 |
| Mickee | M | Craig #1 | 1 | 15 | 47 |
| Shawn | R | Palisade Happy Open | 1 | 15 | 37 |
| Jeff | C | Redstone | 1 | 15 | 36 |
| Suzann | R | Living Sober | 1 | 15 | 29 |
| Kirby | N | Grand Mesa | 1 | 15 | 26 |
| Josh | H | Open Parachute | 1 | 16 | 24 |
| Jeff | W | New Beginnings | 1 | 16 | 21 |
| Christy | W | Steamboat Seagulls | 1 | 18 | 32 |
| Jack | M | Hotchkiss | 1 | 18 | 31 |

| | | | | | |
|----------|---|--------------------------|---|----|-----------|
| Jay | G | | 1 | 19 | 20 |
| David | S | Serenity Seekers | 1 | 20 | 10 |
| Susan | S | Craig Fellowship | 1 | 22 | 30 |
| Jay | W | Aspen | 1 | 23 | 44 |
| Annette | P | Women's Outreach | 1 | 23 | 35 |
| Chris | K | Odd Balls | 1 | 23 | 25 |
| Martha | R | Attraction | 1 | 24 | 39 |
| Nancy | F | Fellowship of the Spirit | 1 | 24 | 35 |
| Marilyn | G | | 1 | 24 | 32 |
| Jeff | B | Rangely #1 | 1 | 25 | 18 |
| Clay | W | Mon Nite Men's | 1 | 26 | 26 |
| Jennifer | W | | 1 | 26 | 17 |
| Jan | R | Serenity Seekers | 1 | 27 | 47 |
| Mark | M | Meeting @ V.A. | 1 | 27 | 20 |
| Alice | F | H.O.W.--GJ | 1 | 30 | 31 |

Step 1

We admitted we were powerless over alcohol — that our lives had become unmanageable.

A DECLARATION OF UNITY

This we owe to A.A.'s future;
To place our common welfare first;
To keep our fellowship united.
For on A.A. unity depend our lives,
And the lives of those to come.

Tradition 1

Our common welfare should come first;
personal recovery depends upon A.A. unity.

We make every effort to ensure that birthday information is correct, but we are human! If you see mistakes or know of someone that has left the program, please let us know!!! Email us at : centraloffice@aa-westerncolorado.com or give us a call at 970-245-9649.

Thank you!



Western Slope Notes January-February 2026

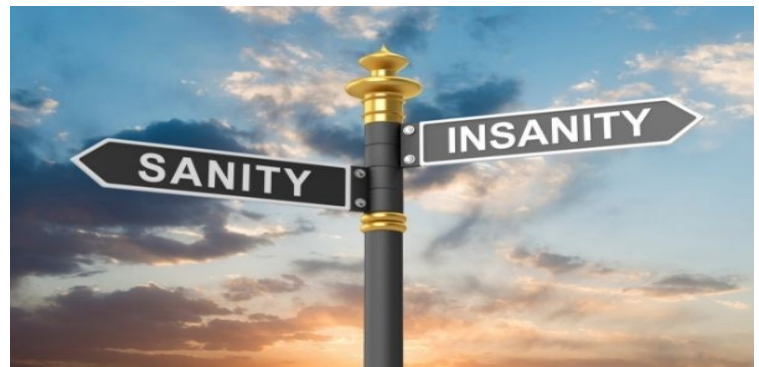


February Sobriety Celebration

| | | | | | |
|-------------|---|--------------------|---|----|----|
| Josh | H | Early Birds I | 2 | 1 | 48 |
| Judith | I | | 2 | 2 | 42 |
| Darlene | B | | 2 | 2 | 41 |
| Carol | L | Women's Outreach | 2 | 2 | 37 |
| Belinda | K | Go For It | 2 | 2 | 35 |
| Bob | M | Living Sober-Aspen | 2 | 2 | 34 |
| Debbie | Q | Carbondale | 2 | 4 | 42 |
| Don | D | Beaver Creek | 2 | 5 | 30 |
| Ron | G | Brown Baggers--GJ | 2 | 7 | 45 |
| Pat | D | | 2 | 8 | 39 |
| Charlotte | W | | 2 | 8 | 22 |
| Shane | O | Brown Baggers--GWS | 2 | 9 | 26 |
| Cheryl | H | Lunch Bunch ??? | 2 | 9 | 23 |
| Jeanine | D | | 2 | 10 | 39 |
| Matt | D | | 2 | 10 | 39 |
| Mark | V | | 2 | 11 | 28 |
| Jo | K | | 2 | 11 | 18 |
| Lynn | T | H.O.W.--GJ | 2 | 12 | 32 |
| Dolores | P | Early Birds I | 2 | 12 | 30 |
| Tom | E | | 2 | 12 | 15 |
| Daphna | R | Grand Mesa | 2 | 14 | 42 |
| Kriss | R | Early Birds I | 2 | 14 | 38 |
| Charlie | L | Grand Mesa | 2 | 14 | 35 |
| Mike | A | Attraction | 2 | 15 | 35 |
| Merilee | S | Early Birds I | 2 | 15 | 21 |
| Carol | R | Original Clifton | 2 | 15 | 20 |
| Tony | O | OddBalls | 2 | 15 | 17 |
| Loretta | G | Open Parachute | 2 | 15 | 16 |
| Chris | K | Grand Mesa | 2 | 17 | 24 |
| Marylee | L | Early Birds I | 2 | 17 | 19 |
| Chuck | H | | 2 | 18 | 43 |
| Melodie | B | Into Action | 2 | 18 | 42 |
| Roy | C | Lunch Bunch | 2 | 18 | 23 |
| Kathy | Z | Rangely Roundup | 2 | 18 | 18 |
| Rick | R | Meeker #1 | 2 | 19 | 36 |
| Sue | | Open Parachute | 2 | 19 | 17 |
| Marcy | M | Promises | 2 | 21 | 37 |
| Rick | E | Steamboat Seagulls | 2 | 21 | 30 |
| Jeannie | T | | 2 | 21 | 14 |
| Martin | B | Just For Today | 2 | 22 | 40 |
| Nancy | K | | 2 | 23 | 32 |
| Christine | K | Lunch Bunch | 2 | 24 | 9 |
| Carrieann | A | | 2 | 25 | 35 |
| Patty | M | | 2 | 26 | 35 |
| Frank | S | Bantron | 2 | 27 | 47 |
| John | A | Meeting @ VA | 2 | 27 | 28 |
| Mike | P | Open Parachute | 2 | 28 | 21 |
| Kelly Stone | B | | 2 | 29 | 62 |

Step 2

Came to believe that a Power greater than ourselves could restore us to sanity.



Tradition 2

For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern. .

Collective wisdom

“ ... we seek spiritual guidance for our groups in the same collective wisdom. We call this a ‘group conscience,’ the voice of the majority of members. We believe it represents the greatest good for the greatest number.”



Western Slope Notes January-February 2026 From Box 4-5-9



■ Meeting Guide App Update

New Android Requirements Effective November 1, 2025

Due to Google's updated Play Store policies, all Android apps—including Meeting Guide—must now meet new system and security standards.

WHAT THIS MEANS:

- ▶ If your device runs Android 15 or higher:
No action needed.
- ▶ If your device runs below Android 15:
The app should continue to work if already installed.
- ▶ You may **not** be able to install, reinstall, or receive updates.
- ▶ Consider upgrading your phone or OS (if possible).

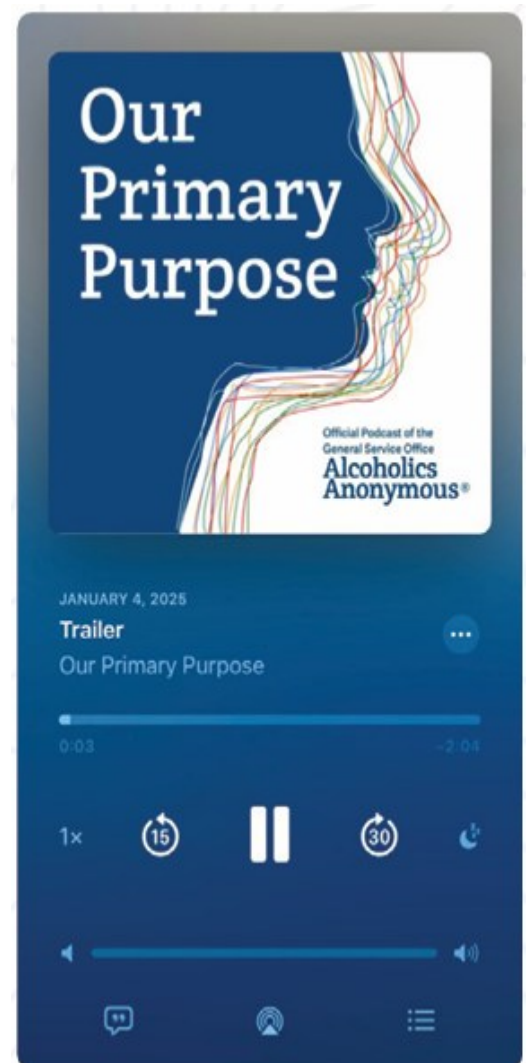
After November 1, Meeting Guide may not appear in the Play Store for users on older Android versions.

Instructions to check and update your Android version: support.google.com/android/answer/7680439

For more information, see Google's policy overview: support.google.com/googleplay/android-developer/answer/11926878

Our Primary Purpose Podcast

Season 1 now streaming and available on all podcast platforms



CALL FOR STORIES

In 2024, there was a General Service Conference advisory action that "a pamphlet on the transgender alcoholic in A.A. be developed." The Trustees' Literature Committee is seeking recovery stories from transgender, non-binary, genderqueer, Two-Spirit, and gender non-conforming members in the A.A. structure of U.S. & Canada.

MORE INFORMATION
ABOUT THIS PROJECT

www.aa.org/sites/default/files/literature/Asian_and_Asian_American_Alcoholic_Call_for_Stories.pdf

SUBMIT YOUR
RECOVERY STORY

www.aa.org/submit-story-asian-and-asian-american-alcoholic-alcoholic-pamphlet

DEADLINE FOR SUBMISSIONS
MARCH 31, 2026

Questions? Contact us at
gsopodcast@aa.org or visit the
[webpage](#).



Western Slope Notes January-February 2026



Online Store Now Open!!!

Please support Central Office by purchasing your literature & medallions online:

aa-westerncolorado.com/Shop

Or in person 740 Gunnison Ave #104 (West door) Grand Junction, CO

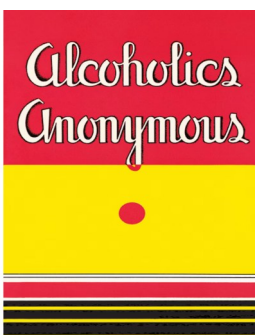
Stock Up Now!!!!

A.A. World Services Announces Price Increase effective Feb 1 2026

Books are defined as any item whose item number begins with B, SB, or FB. These items will receive a \$3 per item increase, excluding B-0 (Alcoholics Anonymous Facsimile First Printing of the First Edition—and B-28 (A.A. for the Older Alcoholic). • B-0 will remain unchanged and is the only exception to the book price increase. • B-28 will receive a 15% price increase.

All other literature items will receive a 15% price increase.

Literature sets will reflect a \$3 increase per book.



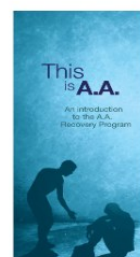
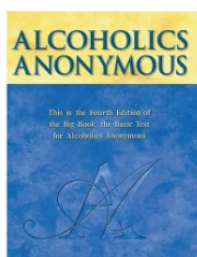
\$5.00 While They Last!!!

Regular price \$14.00

Call Central Office to get your copies before they run out!

Not available online

PRODUCT CATEGORIES





Western Slope Notes January-February 2026



Ted T from Basalt is looking for volunteers to take meetings into **Rifle Corrections**. If you are willing and able, please contact Ted T at (970)274-0358.

Intergroup is in need of a Secretary & Treasurer
We meet 2nd Saturday of the Month 11am - 1pm
2 Year commitment.





Western Slope Notes January-February 2026

What's Happening



Spring 2026 Assembly

March 20th-22nd

Hilton Ft. Collins

425 W. Prospect road

Ft. Collin's, CO 80526



Summer 2026 Assembly

July 17th-19th

Sky Ute Casino Resort

14324 CO 172

Ignacio, CO 81137



Check Your Local Club to Find Out what Other Holiday Activities they are hosting.

You Are Only Alone if You Want to Be!!!

