WESTERN Slow PENOTES July-August 2024









PO Box 1531 Grand Jct.CO 81502 740 Gunnison Ave #104 West door









Steering Committee: Chair Sue B Vice Chair - Gene F- Secretary - Victoria Treasurer-Tammi T MAL—Dist.1 Kate H MAL—Dist. 2 Dena M - Dist. 5 Trent L MAL -Dist. 14—Betsy MAL- Dist. -17- Bob N MAL- Dist. -18- Jeanette H MAL Dist. 20—Dan J

Hello Western Colorado AA,

Summer really came in HOT! Staying cool became a priority in my world. I'm sure yours too!

In my 9 years of service with Central Office/ Intergroup-Steering Committee I have had the Honor of serving in many ways. I started as a District 14 Member at Large, served as an Intergroup Representative for my Home Group, was elected to be the Intergroup Steering Committee Vice Chair, chaired our ColorDaze Planning Committee for 3 years, the first year was canceled due to Covid and for the last year and a half I have served as your Intergroup Steering Committee Chairperson. I have maintained a very close relationship with Central Office jumping in to help wherever I can. There are two events that I participated in these last 9 years that don't get much press or acclaim, aren't a big party and even meant a little work for the participants but to me have provided Central Office/Intergroup-Steering Committee and myself, as a service body, with more growth and effectiveness then all the above. Two Spiritual Inventories. The first was in 2016. I attended as a Member at Large and my mind was blown at what transcended from the Inventory and the action Items that were established, executed and proved to guide Central Office/ Intergroup-Steering Committee thru the next few years. Incredible experience. In May of this year, we had a Spiritual Inventory and in June an Action Item Workshop. Once again, my mind was blown. We had a Past Delegate facilitate the Inventory, a past Steering Committee Secretary facilitate the workshop and <u>all of</u> Western Colorado AA was invited to participate. I have never been so proud and Honored to serve with those who did attend. The entire group shared a Common Commitment to serve our Fellowship in developing the most effective ways to support our primary purpose of helping the still suffering Alcoholic. It was a humbling experience that gave a new sense of purpose and so warmed my little AA heart. THANK YOU to all who attended! We will be discussing at our next Intergroup-Steering Committee Meeting in August how to best execute the resulting Action Items. Please join us on the 2nd Saturday in August, 11am at Central Office. We would love to have your input.

I would be remiss if I didn't mention that it is the time of year that contributions to Central Office really go down. Please talk to your groups, drop a check in the mail, drop a check or cash off at Central office, contribute online at our website or via our Venmo account. So many ways to financially support your Central Office.

Founders Day Rocked!!!

Thank you for the joy of serving you.

Sue Brookman

Urgent Notice:

We will not longer be mailing you the Newsletter unless you contact Central Office by mail or email stating that you want to continue receiving the Newsletter via US Post Office.

Central Office P.O. Box 1531 Grand Jct. CO 81502 or email centraloffice@aawesterncolorado.com the Newsletter is also available on our website aawesterncolorado.com You also have the option to have it emailed to you!



Western Slope Notes July-August 2024



Group Contributions

	Apr 23 - Jun 24, 24
AA Timberline	486.00
As Bill Sees ItFruita	72.38
Beaver Creek	532.00
Cortez Fellowship	75.00
Design for Living-Edwards	40.00
District 01	25.00
District 02	421.20
Durango Cornerstone Group	500.00
Durango Young Peoples	201.00
Eagle Fairgrounds	250.00
Early Birds I	311.25
Friday Noon Discussion Group	25.96
Go For It Delta Women's	61.50
Granby Group	50.00
Grand Mesa Group	75.00
Gunnison Guzzlers	1,000.00
Happy, Joyous & Free	149.44
Insanely Early Birds	1,000.00
Jump Start - Rifle	160.87
Just For Today	336.60
Lunch Bunch-GJ	671.25
Melody Step Study	80.00
Noon Simplicity Group Dillon	50.00
Odd Balls	215.80
Pagosa Springs	71.60
Ridgway 12x12	75.00
Robber's Roost	318.00
Silverton Wednesday Night	50.00
Sobriety with Altitude	100.00
Steppin' Out - Paonia	217.50
There Is A Solution-Montrose	233.10
Two Mile High Group	109.00
Up to Ouray in A.A.	100.00 8,064.45

Individual Contributions

	Apr 23 - Jun 24, 24
Credit Card Sales	250.00
Individual Contributions	234.40
	484.40

Footing the bill

"Now, where do A.A.'s services - worldwide, area, local — fit into our scheme of things?" asked Bill W. in an October 1967 article in the AA Grapevine. "Why should we provide these functions with money?" According to Bill, "The answer is simple enough. Every single A.A. service is designed to make more and better Twelfth Step work possible, whether it be a group meeting place, a central or intergroup office . . . or the world service Headquarters . . . "Though not costly, these service agencies are absolutely essential to our continued expansion — to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that A.A. must everywhere function in full strength — and that, under our Tradition of selfsupport, we are all going to foot the bill.")

> Thank You for making a difference



WESTERN SLOPE NOTES 2024 July Sobriety Celebration



Gayle	V		7	1	12
Brian	J	Telluride	7	1	25
Jim	Р	Telluride	7	1	33
Chuck	-	Telluride	7	1	34
Leslie	Р	Craig #1	7	2	22
Craig	M	Oddballs	7	4	13
•				•	
Anders	A	Steamboat Seagulls	7	4	27
Cheryl	Ν	Telluride	7	4	33
Bill	В	Palisade Happy Open	7	4	46
Karen	Μ	One Day At A Time	7	7	19
Keith	М	Attraction	7	7	39
Bud	W	Odd Balls	7	7	44
Richard	Т	Telluride	7	8	43
Sharon	S	Telluride	7	9	20
Jim	С	Brotherly Action - Basalt	7	9	23
Susan	Κ	Grand Mesa Group	7	9	25
Anna	D	Lunch Bunch	7	10	23
Kit	2	Telluride	7	10	23
Ron	J	Palisade Happy Open	7	10	26
Brent	P	Original Clifton	7	10	38
	-	-	-		
Cheryl	В	Ute Mountain Group	7	10	45
Chris	P	Palisade HOGS	7	11	13
Karalee	Ρ		7	11	26
Mark	Ν	Odd Balls	7	11	29
Jaime	Н		7	11	35
Dianna	М	Lunch Bunch	7	11	37
Paul	Ρ	Odd Balls	7	11	42
Stephanie		Telluride	7	12	34
Wayne	J	Fruita Sunset	7	13	48
Alison	С		7	14	38
Walt	В		7	14	44
Tom	н	Delta BB Study	7	16	13
Charlie		Bantron	7	16	28
Rick	J	Early Birds I	7	16	31
Dan	J	Delta Area Group	7		36
Lynette	0	Open Parachute	7	17	17
Jack	s	Grand Mesa	7	18	28
Mike					
	P	Aspen	7	18	29
Jim	0	Lunch Bunch	7	19	22
Lil	P	Brown BaggersGJ	7	19	24
John	F	Early Birds I	7	-	35
Tracy	Μ	Grand Mesa	7	-	35
Dana	В	Insanely Eary Birds	7	21	18
Doreen	D	Brown BaggersGJ	7	21	28
Crystal	S	H.O.W GJ	7	22	18
Rex	J	What's the Point?	7	23	34
Sharon	G	Grand Mesa	7	23	38
Leslie	F	Odd Balls	7	24	11
Steve	Y		7		13
Tom	R	Clifton Original		24	32
Bob	L	Over the Hump		24	42
Susan	L			25	15
Rex	D	Lunch Bunch		25 25	36
1704	U		1	20	30

Sherri	Μ	Open Parachute	7 27	14
Brad	С	S.I.O.G.A.	7 28	33
Dianne	R	Keep It Simple	7 28	38
David	S	Burning Mtn Action	7 28	42
Judy	Μ	Serenity Speakers	7 29	33
Lois	Н		7 30	35
Dyer	0		7 31	39

Step 7 Humbly asked Him to remove our shortcomings.

Be the change that you wish to see in the world.

Tradition 7

Every A.A. group ought to be fully self-supporting, declining outside contributions.

We make every effort to ensure that birthday information is correct, but we are human! If you see mistakes or know of someone that has left the program, please let us know!!!

Email us at

centraloffice@aa-westerncolorado.com or

give us a call at 970-245-9649.

Thank you!



WESTERN SLOPE NOTES 2024

August Sobriety Celebration

Penny	Μ	_	8	1	12
Gordy	L		8	1	26
David	Н		8	1	27
Jim	R	Meeker #1	8	1	47
Michael	R	Lunch Bunch	8	2	30
Trevor	Ν	Promises	8	2	11
Mary	Μ	Thursday Nite Womens	8	5	20
Chuck	S	Lunch Bunch	8	5	35
Buck	W	Bantron	8	6	30
Tim	S	Original Clifton	8	6	36
Meri Kriss	R		8	7	14
Frank	В	Insanely Early Birds	8	7	25
Dwight	W		8	8	13
Greg	Μ	(Aurora)	8	8	36
Roger	I	Early Birds I	8	9	26
Ronde	С		8	10	39
Steve	Ρ	Lunch Bunch	8	11	21
Claudia	F	Womens Outreach	8	11	35
Ray	Μ	Open Parachute	8	11	61
Ron	Ν	Odd Balls	8	14	19
Tom	С	Odd Balls	8	14	26
Linda	С		8	14	26
Keith	А	Odd Balls	8	15	17
Barb	R	Open Parachute	8	15	39
Linda	Н	Steamboat Seaulls	8	16	24
Wayne	Μ	S.I.O.G.A.	8	17	40
Cheryl	J	Open Parachute	8	18	26
John	G	Aspen	8	18	27
Susan	S		8	18	29
Carlos	R		8	19	19
David	D	Early Birds I	8	19	19
John	R		8	19	36
Patricia	Κ	Eagle	8	19	37
Bill	V	Open Parachute	8	19	39
Michael	S	(Nickname: Patch)	8	20	16
Charles	F	New Beginnings		20	41
Christina	Н	Lunch Bunch	8	20	43
Mark	R	Early Birds I	8	21	22
Marilyn	Н		8	22	30
John	W	Attraction	8	22	38
Sarah	В		8	23	14
Joyce	В	Craig #1	8	23	21
Chris	Κ	Aspen	8	23	27
Matt	s	Just for Today	8	25	19
Louis	G	,	8	25	39
Connie	Μ		8	27	20
Becky	н	Odd Balls	8	28	21
Jack	Р	Lunch Bunch	8		29
Karma	В	Aspen	8	28	34
Helena	G		8	29	14

Debbie	Т	Craig #1
Sharon	S	Up To Ouray in AA
Bud	Ν	Craig #1
Ray	Α	Aspen



8 30 28

Step 8 Made a list of all persons we had harmed. And became willing to make amends to them all.



Tradition 8 Alcoholic's Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

WESTERN SLOPE NOTES 2024







Alcoholics Anonymous:

A gift from God to all of us! This year, twenty-twenty-four,

We only need to open that door, With a true desire to give up drinking and a willingness to change our thinking! Is it easy? No, but the path is clear and really proven to lead right here! But 100 years before today did anyone know that? There's no way! Our wonderful founders, Bill and Bob were just two drunks, each doing his job in small towns back East in separate settings.

Well....Bill Wilson fought in WW1 in England. He returned to the US and became a success on Wall Street. Eventually alcohol "ceased to be a luxury and became a necessity". After years of illness and failures to quit drinking a friend suggested he seek the aid of "a power greater than himself". He finally stopped drinking and began working with other to help them do the same. Bob Smith, despite heaving drinking, managed to become a doctor and continue his medical practice. He never went to the hospital or saw patients when he'd been drinking but his alcohol consumption got worse and worse. His wife eventually introduced him to Bill, and on June 10, he had his last drink. Hmmmm-Does that date, June 10, ring a bell in some way? It should, we call it our Founders" Day! It causes us to stop and think-Oh yeah, the date of Bill's last drink, THANK YOU, OUR WONDERFUL FOUNDERS!! Bill and Bob gave us A.A., and saved millions of lives along the way. I'm forever grateful for their amazing gift! And all the souls they continue to lift!

Written by:

Barbara C. 2024



WESTERN SLOPE NOTES July-Aug 2024







Steering Committee/InterGroup 2nd Saturday of every month live at Central Office 740 Gunnison Ave. Grand Jct. At 11:00. Via zoom (Meeting ID 85822768448/642903) Next Meetings are August 10 and Sept 14th

July 12-14, 2024 Area 10 Summer Assembly Grand Junction, CO **Double Tree Hotel** 743 Horizon Drive Grand Junction, CO 1-970-241-8888 Make hotel reservation by June 28,2024 for a discounted rate (\$119 per night)

> **Colorado State Convention** August 16th -18th Pueblo CO

September 27-29, 2024 ColorDaze Save the Dates 38th Annual ColorDaze





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