WESTERN SLEEPE NOTES

May - June



F - forever with his family
A - always there for you no matter what
T - the only one who's there
H - he's my hero till the end
E - encouraging in everything i do
R - really the only one...no one can beat him he's the best!!!
Happy Father's Day

Central Office's physical address is: 740 Gunnison Ave #104 West door. Our mailing address is: PO Box 1531 Grand Jct.CO 81502









WESTERN SLOPE NOTES May-June 2023

STEERING COMMITTEE



Steering Committee: Chair Sue B Vice Chair - Gene F- Secretary – Katie G Treasurer– Jeff V MAL—Dist.1 Kate H MAL—Dist. 2 Jim Dist. 5 Open MAL -Dist. 14— Arron MAL–Dist. -17–Bob N MAL–Dist. -18– Marcia B MAL Dist. 20—Dan J

Hello Western Colorado AA.

Here we are coming into our spring months in Western Colorado. Which means if you don't like the weather just wait five minutes, it will probably change!! This is a concept I continue to use often in my recovery. I am still excited and honored to be serving Western Colorado Intergroup and that hasn't changed.

At this time, we have Steering Committee Members at Large from all 7 Districts on the Western Slope that are Served by Central Office. We couldn't be more thrilled!

We did take Central Office 101 and our monthly Intergroup Meeting on the road in April. We visited District 20. Central Office 101 is a simple description of everything you need to know about our Central Office with graphics and pictures. We then do a condensed version of our regular Intergroup/Steering Committee Meeting. I felt we were well received, and the message of Central office was delivered. We also had Pizza. Thank you District 20 for having us.

We are looking forward to going On the Road again as soon as we can. If you think your District or Group might be interested in having us come visit please contact your Intergroup Representative, your District Member at Large, Central Office (970 245-9649) or me at 4brookheads@gmail.com.

I would also like to ask that if you receive this newsletter that you share it with others. Forward it to an AA friend. Maybe print a few copies and take to some of the meetings you attend. It's a great way to stay connected to your Central Office and Western Colorado AA. Instructions for signing up to receive digitally are included in this newsletter and on our website.

I look forward to seeing you all at our Founders Day Celebration on June 11th at Sherwood Park in Grand Junction. Food, fun, Speaker and fellowship. A great time for all.

Thank you for the privilege of serving.

Sue B.

Hope to see you at Founders Day 11th of June.





WESTERN SLOPE NOTES May - June 2023



Group Contributions

Individual Contributions

	Feb 21 - Apr 24, 23
All Western Slope Speakers Meeting	151.00
Bayfield Styx	60.00
Brown BaggersGJ	150.00
Brown BaggersGWS	450.00
Came To BelieveDelta	136.18
Collbran	122.00
Cortez Fellowship	195.00
Design for Living-Vail	50.00
District 20	368.80
Durango Central	150.00
Edwards Friday Night Step Group	32.00
Fellowship of the Spirit-GWS	30.00
Focus 164 - C'Dale	50.00
Frisco Tuesday Night	75.00
Fruita Sunset	150.00
Granby Group	50.00
Grand Mesa Group	75.00
Hole in the Donut	260.00
Insanely Early Birds	1,080.00
Jump Start - Rifle	149.29
Living in the Solution	73.00
Lunch Bunch-GJ	183.16
Odd Balls	399.42
One Day At A Time-Olathe	30.00
Original Clifton	45.00
Ridgway 12x12	70.00
Salida Noon Zoom Group	52.18
Sisters In Spirit	0.96
Steamboat Seagulls	167.00
Steamboat Women's	52.00
Sunlight Group	23.89
Telluride Group	811.88
There Is A Solution-Montrose	600.00
There is a Solution P.S.	500.00
WTF	414.50
Women In Recovery Group - Gunnison	94.20 7,301.46

	Feb 21 - Apr 24, 23
Cash Sales	8.74
Cash Sales Walk-In No Receipt	10.89
Individual Contributions	812.00
Newsletter Contributions	20.00
Sobriety Birthday Contributions	58.00
TOTAL	909.63



Does Your Group Make the List?

After group expenses for Rent, Prudent reserve, the GSR fund, Books, Coins and Coffee, it is suggested that the rest of the money should be divided for Tradition 7. This is per the AA pamphlet "Where Money & Spirituality Mix" (F-3) in the following way - 50% of the group's excess funds go to Central Office. G.S.O should receive 30%. The Area Committee should receive 10%, and the District receive 10%.

In Western Colorado there are 209 groups or meetings per week. In 2022, only 90 out of the 209 groups contributed to Central Office.

And for that we are **truly grateful** to all the groups who contributed to the Central Office. Do you know where your Groups 7th Tradition is going?

Colorado is Area 10 and our Central Office here in Western Colorado covers 7 districts. We are truly on the Front Lines when it comes to helping the still suffering alcoholic as well as family members looking for a solution. We manage a 24/7 hotline with over 39 volunteers as well as office volunteers.

It takes a fellowship to help keep us all sober.



WESTERN SLOPE NOTES May - June 2023 May Sobriety Celebration



	_		_		
Doris	В	Lunch Bunch	5	1	15
L.W. 'Red'		Rangely #1	5	3	40
Sarah	S		5	3	26
Jeff	C	Hamilt Warder ClDala	5	4	37
Laura	M	How It WorksC'Dale	5	5	13
Matthew	A	Telluride Group	5	5	21
Tony	D	Price Alano Club	5	5	36
Lindi	R	Attraction	5	8	34
Ron	S	Promises	5	8	11
Barry	S	Telluride	5	9	21
Laura	P 	Aspen	5	10	32
Richard	Н	- 11	5	10	25
Ashley		Telluride	5	11	42
Kevin	Η .	Aspen	5	12	35
Sally	J	Women's' Outreach	5	12	39
Sherry	G	Open Parachute	5	12	16
Scott	Υ		5	13	14
Scott	Α	Lunch Bunch	5	13	35
Dave	Н	Brown Baggers-GJ	5	14	41
Chris	S	Aspen	5	15	30
John	С	Over the Hump	5	15	25
Linda	E	Delta Area Group	5	15	18
Cecil	S		5	17	31
Jack	S	Jump Start	5	18	21
Barb	K	Lunch Bunch	5	20	43
Grace	Н		5	22	26
Judy	D	Brown BaggersGWS	5	23	30
Sally	Z	Open Parachute	5	24	13
Craig	M	Odd Balls	5	25	9
Dan	Ε		5	25	39
Mia	V	Aspen	5	25	34
Nancy	С	Attraction	5	25	45
John JT	T	Sunlight of the Spirit	5	25	29
Katherine	S	Over the Hump	5	26	25
Bill	J	Steamboat Seagulls	5	27	33
Bruce	D	Sunlight of the Spirit	5	29	26
Mary	W	Happy, Joyous & Free	5	30	16
Susan	W		5	30	12
Glenn	С	Steamboat Seagulls	5	31	37

If you want your sobriety date included in the newsletter, or we included you and our information is wrong, please give us a call at Central Office!

(970)245-9649



A.A. began in 1935 in Akron, Ohio, as the outcome of a meeting between Bill W, a New York stockbroker, and Dr. Bob S, an Akron surgeon. Both had been hopeless alcoholics.



WESTERN SLOPE NOTES May - June June Sobriety Celebration



2023

Dani	S	Early Birds I	6	1	24
Juan		Telluride	6	1	34
Kacee	Р	Vail Beach Group	6	1	32
Doug	W	Aspen	6	2	34
Anna	М		6	3	13
Robert	М	Barn Meeting	6	3	27
LeRoy	S		6	4	36
Jennifer	F	DVD-Basalt	6	5	24
John	S	Came To Believe	6	5	36
Loleen	В	What's the Point?	6	6	19
Robin	С		6	6	39
Tim	Мс	Wranglers	6	6	29
Dutch	S	Open Parachute	6	7	14
Ed	N	Open Parachute	6	8	13
Gelong	G		6	9	31
Rick	R		6	11	42
Stephanie	J	As Bill Sees It	6	11	18
Dennis	Т	Aspen	6	14	34
Jan	G	Women's Outreach	6	14	43
Nancy	В	Promises @ 5:30	6	14	35
Janelle	Т	Attraction	6	15	31
Kathy	S	A Vision for You	6	15	30
Michael	٧	Steamboat Seagulls	6	15	33
Torey	S		6	15	24
Bill	Ε	Promises @ 5:30	6	18	32
Julie	Н	Kremmling	6	18	16
Neal	٧		6	18	16
Peter	F		6	19	11
Sherry	R	Just For Today	6	20	20
Tony	С	Came To Believe	6	20	51
Dominick	С		6	21	12
Frank	В	Aspen Triangle	6	22	31
Jane	W	Lunch Bunch	6	22	33
Sheila	L	As Bill Sees It	6	22	14
Ardon	В		6	23	48
James	L	Craig #1	6	23	23
Mitcheal	Α		6	23	23
Smokey	S		6	23	44
James	Н	New Horizons	6	26	34
Chris	S	Saturday Night	6	27	18
John	D	Palisade HOGS	6	28	12
Rocky	Е	Eagle	6	29	19
,		-			_







WESTERN SLOPE NOTES May - June 2023

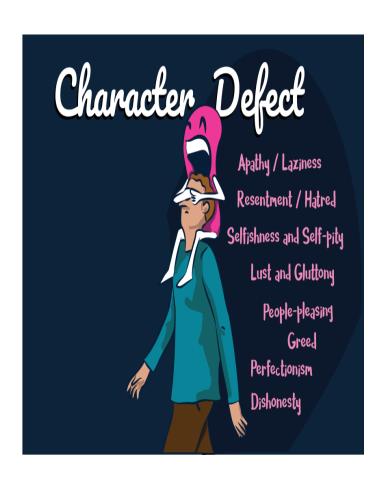


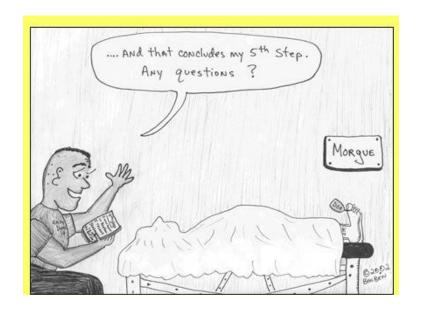
Step 5

Admitted to God, to ourselves, and another human being the exact nature of our wrongs.

Tradition 5

Each group has but one primary purpose To carry its message to the alcoholic who still suffers.





Step 6

Were entirely ready to have God remove all these defects of character.

Tradition 6

An AA Group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

WESTERN SLOPE NOTES May -June 2023



What's Happening



May 13, 2023 2 pm

Potluck & Sponsorship Workshop
Concordia Lutheran Church
755 Concordia Lane Steamboat Springs CO

June 9 - General Service Workshop 4 to 6pm Our AA Service Triangle

Alano Club 404 Glenwood Ave Grand Jct.
Our own area 10 chair will be facilitating!
Potluck as well

June 11- Founders Day 11 am to 2 pm
Sherwood Park Kennedy Ave and N. 3rd
Grand Junction, CO
Bring a dish to share! Central Office will supply the burgers & hot dogs

June 17 Delegate Report 4pm Alano Club 404 Glenwood Ave Grand Jct.





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