WESTERN SLEAP PE NOTES

May-June 2025



Oops! We Missed it!!! National Volunteer Week was April 20th-26th and we would like to say **THANK YOU** to all the amazing people that man our Hotline 24 Hours a Day and 365 days a year! We are so grateful for your service!. These selfless individuals epitomize our Responsibility Statement " *I am responsible.* When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

Hotline volunteers commit to answering the phone for a specific block of time each week, 52 weeks a year. The commitment is generally two years (but we have some that have volunteered much longer!).

We would also like to thank 300+ people that are on our 12 Step (Confidential) call list. If Central Office or the Hotline gets a call, these folks follow-up with the call-er. They are making a difference in their hometowns! **THANK YOU!**

If you would like to volunteer for a hotline shift or be added to the 12 Step Call List, please contact Central Office. 970-245-9649





PO Box 1531 Grand Jct.CO 81502 740 Gunnison Ave #104 West door





WESTERN SLOPE NOTES May - June 2025

Board of Directors



Chair-Gene F - Vice Chair - Cindy D- Secretary - OPEN

Treasurer–Tammi T MAL—Dist.1 - Open MAL—Dist. 2 Dena M MAL Dist. 5 - Open MAL Dist. 14—Betsy MAL—Dist. -17- Open MAL—Dist. -18— Jeanette H MAL Dist. 20—Dan J Central Office Coordinator -Teresa M Asst. Coordinator - Bonnie B

The three legacies of Alcoholics Anonymous (AA) are Recovery, Unity, and Service. These legacies, established by AA's founders and early members, represent the core principles that guide the A.A.'s mission and continued growth. They also offer a framework for personal transformation and community support.

Recovery: The 12 Steps provide a roadmap for individuals to work towards sobriety and a fulfilling life. The 12 steps, rooted in spiritual principles, guide A.A. members through the process of acknowledging their powerlessness over alcohol, accepting their need for a higher power, and taking steps towards personal growth and change.

Unity: The 12 Traditions outline how A.A. members should interact with other A.A. members and structure their groups to maintain a cohesive and supportive fellowship. These traditions emphasize principles like their A.A. group be self-supporting declining outside contributions and the importance of the group's primary purpose and to never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

Service: Our third of three legacies is SERVICE. Service offers us the opportunity and structure to implement our primary purpose to carry the message. The Twelve Concepts, written by AA's co-founder Bill W., are an interpretation of A.A.'s World Services structure. The Twelve Concepts for World Service in Alcoholics Anonymous provide a framework for ensuring that A.A's service structure remains responsive and responsible to the fellowship. They guide us on how A.A. operates at various levels, from groups to the General Service Conference and the General Service Board. These concepts emphasize the importance of shared responsibility, effective leadership, and respect for the individual voices within A.A.

The Central Office went through a Spiritual Inventory in the Summer of 2024. From their, an Ad Hoc Committee was formed to address some of the findings of that Spiritual Inventory, namely that there remains a lack of clarity and shared understanding of the purpose, function, responsibility and authority between Central Office, Intergroup, and Steering Committee and a desire to increase participation by groups with Intergroup. Longtime trusted servants expressed confusion about roles, responsibility and authority of each entity. Concern was expressed that combining the Intergroup and Steering Committee meetings has blurred the lines between the two bodies, causing additional confusion and a concern that Central Office doesn't understand the Twelve Concepts for World Service.

In past years, the Steering Committee was comprised of Officers, Central Office staff and Members at Large for Districts throughout Western Colorado. The Steering Committee would meet the first hour and discuss and vote on the same things that Intergroup did during their meeting the 2nd hour. In January 2019 it was proposed that Intergroup and Steering Committee hold a combined meeting monthly and Steering Committee meet quarterly. Over time, those 2 bodies became one body. Most of the Steering Committee members were grateful as they weren't holding similar meetings covering the same business and reports twice in back to back meetings.

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Western Slope Notes May-June 2025

Group Contributions

Individual Contributions

	Feb 26 - Apr 28, 25
As Bill Sees It-Fruita	31.45
Brown Baggers-Grand Junction	75.00
Burning Mountain Action Group	180.00
Came To Believe	251.64
Cortez Fellowship Group	50.00
Delta Area Big Book Study	82.50
Delta Saturday Nite	114.65
Design for Living-Edwards	50.00
District 01	100.00
Eagle AA	300.00
Fellowship of the Spirit	30.00
Friday Night Group	11.48
Frisco Sobriety With Altitude	300.00
Grand Mesa Group	75.00
Happy, Joyous, and Free	59.72
Insanely Early Birds	200.00
Just For Today	125.00
Odd Balls	372.76
Pagosa Group	100.00
PIP Group	400.00
Ridgeway 12 BY 12	75.00
S.I.O.G.A.	52.50
Sisters In Sobriety	30.00
Steamboat Women's Group	66.20
Step Sisters	170.00
Stepping Out	685.70
Summit Serenity Sisters	50.00
Telluride Group	387.49
There Is A Solution	680.00
Vail Group	170.26
We Are Not Saints, Young People	50.00
TOTAL	5,326.35

	Feb 26 - Apr 28, 25
Individual Contributions	406.85
TOTAL	406.85



We are truly Grateful for all the Groups and Individuals that support Central Office of Western Colorado. Which allows us to help the still suffering Alcoholic. We don't need to tell you unfortunately there are plenty of them still out there!!!!



Hoping we may give HOPE



WESTERN SLOPE NOTES May -June 2025 May Sobriety Celebration



Doris	В	Lunch Bunch	5	1	17
Sarah	S		5	3	28
Jeff	С		5	4	39
Laura	Μ	How It WorksC'Dale	5	5	15
Matthew	Α	Telluride Group	5	5	23
Tony	D	Price Alano Club	5	5	38
Ron	S	Promises	5	8	13
Lindi	R	Attraction	5	8	36
Barry	S	Telluride	5	9	23
Richard	Н		5	10	27
Laura	Р	Aspen	5	10	34
Ashley		Telluride	5	11	44
Sherry	G	Open Parachute	5	12	18
Bonnie	В	Lunch Bunch	5	12	13
Kevin	Н	Aspen	5	12	37
Scott	Υ		5	13	16
Dave	Н	Brown Baggers-GJ	5	14	43
Linda	Ε	Delta Area Group	5	15	20
John	С	Over the Hump	5	15	27
Chris	S	Aspen	5	15	32
Howard		Oddballs	5	17	6
John	С	Oddballs	5	19	22
Barb	K	Lunch Bunch	5	20	45
Grace	Н		5	22	28
Judy	D	Brown BaggersGWS	5	23	32
Sally	Ζ	Open Parachute	5	24	15
Craig	Μ	Odd Balls	5	25	11
Mia	V	Aspen	5	25	35
Dan	Ε		5	25	41
Nancy	С	Attraction	5	25	47
Katherine	S	Over the Hump	5	26	27
Bill	J	Steamboat Seagulls	5	27	35
Harvey	Р	Craig #1	5	28	18
Bruce	D	Sunlight of the Spirit	5	29	28
Susan	W		5	30	14
Mary	W	Happy, Joyous & Free	5	30	18
Glenn	С	Steamboat Seagulls	5	31	39

Step 5

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Step Five Promise

"ONCE WE HAVE TAKEN THIS STEP. WITHHOLDING NOTHING. WE ARE DELIGHTED. WE CAN LOOK THE WORLD IN THE EYE. WE CAN BE ALONE AT PERFECT PEACE AND EASE. OUR FEARS FALL FROM US. WE BEGIN TO FEEL THE NEARNESS OF OUR CREATOR. WE MAY HAVE HAD **CERTAIN SPIRITUAL BELIEFS. BUT NOW WE BEGIN TO HAVE A SPIRITUAL** EXPERIENCE. THE FEELING THAT THE DRINK PROBLEM HAS DISAPPEARED WILL OFTEN COME STRONGLY. WE FEEL WE ARE ON THE BROAD HIGHWAY, WALKING HAND IN HAND TH THE SPIRIT OF THE UNIVERSE

SOBERTOSTAY.COM

Tradition 5

Each group has but one primary purpose
 to carry its message to the alcoholic
 who still suffers.

Congratulations!!!!

We make every effort to ensure that birthday information is correct, but we are human! If you see mistakes or know of someone that has left the program, please let us know!!!

WESTERN SLOPE NOTES May - June 2025

June Sobriety Celebration



	_		_		00
Dani		Early Birds I	6	1	26
Kacee	Р	Vail Beach Group	6	1	34
Juan		Telluride	6	1	36
Doug	W	Aspen	6	2	36
Anna	M		6	3	15
Robert	Μ	Aspen	6	3	29
LeRoy	S		6	4	38
Jennifer	F	DVD-Basalt	6	5	26
Riley	Т		6	5	36
John	S	Came To Believe	6	5	38
Loleen	В	What's the Point?	6	6	21
Tim	М	Wranglers	6	6	31
Robin	С	3	6	6	41
Dutch	S	Open Parachute	6	7	16
Ed	N	Open Parachute	6	8	15
Gelong	G	oponii didonato	6	9	33
Doris	В	Ute Mountain	6	9	37
Stephanie	_	As Bill Sees It	6	11	20
Rick	R	As bill occs it	6	11	
Dennis	T	Acnon	6	14	
Nancy	В	Aspen Promises @ 5:30	6	14	
•	G	_			
Jan			6	14	
Torey	S		6	15	26
Kathy	S	A Vision for You	6	15	
Janelle	T	Attraction	6	15	
Michael	V	Steamboat Seagulls	6	15	35
DeeDee	Ρ	Oddballs	6	17	
Julie	Н	Kremmling	6	18	18
Neal	V		6	18	
Bill	Е	Promises @ 5:30	6	18	
Peter	F		6	19	
Sherry	R	Just For Today	6	20	
Tony	С	Came To Believe	6	20	
Dominick	С		6	21	14
Sheila	L	As Bill Sees It	6	22	16
Frank	В	Aspen Triangle	6	22	33
Jane	W	Lunch Bunch	6	22	35
James	L	Craig #1	6	23	25
Mitcheal	Α		6	23	25
Smokey	S		6	23	46
Ardon	В		6	23	50
James	Н	New Horizons	6	26	36
Chris	S	Saturday Night Special	6	27	
John	D	Palisade HOGS	6	28	14
Rocky	E	Eagle	6		
	_	J	-		

Step 6

Were entirely ready to have God remove all these defects of character.

Shortcomings ☐ Selfish and Self-Seeking ☐ Dishonest ☐ Fear ☐ Pride ☐ Inconsiderate ☐ Greed ☐ Lust ☐ Anger ☐ Envy ☐ Sloth ☐ Gluttony ☐ Impatience ☐ Intolerance ☐ Resentment ☐ Hate ☐ Harmful Acts ☐ Self-Pity ☐ Self-Justification □ Self-Importance ☐ Self-Condemnation □ Suspicion ☐ Doubt □ Covetousness ☐ Disrespect

Tradition 6

An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.





WESTERN SLOPE NOTES May-June 2025

Coming Soon!!!!

Central Office is working on an online store! Go Live date is VERY SOON !!



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Even after many discussions and meetings by our Ad Hoc Committee there was still much confusion in how the Steering Committee and Intergroup are to function together and what responsibilities and authority each body had. Proposed By-Laws were forwarded to our Steering Committee that assumed that Central Office wasn't a corporation - which it is. As a corporation similar to the General Service Board, there are a number of legal requirements that the Central Office must abide by including the requirement that Central Office have a Board of Directors.

That Ad Hoc Committee was re-formed under my direction in March 2025 and include many of the former members and several new ones to further clarify the relationship between Central Office and the groups. Guidelines were updated to include the following - Final responsibility and ultimate authority of A.A. services should always reside in the collective conscience of all A.A. groups in Western Colorado (Ultimate Authority). The Intergroup of Western Colorado has become for nearly every practical purpose, the active voice of all A.A. groups in Western Colorado (Delegated Authority). The Intergroup recognizes that the chief initiative and active responsibility should be exercised the Steering Committee (Operational Authority). Since the Ad Hoc Committee has been meeting over the past few months, there have been a number of proposals changing the makeup of the Steering Committee as well as authority and responsibilities it must carry out per legal requirements.

The Ad Hoc Committee approved updated guidelines at its last meeting on April 13th to present to the Steering Committee on Saturday May 3rd and then to be presented to Intergroup on May 10th. Once these guidelines are approved by Intergroup which will take several months, the Ad Hoc Committee will then begin discussing changes to our current By-Laws to incorporate some of the recommended changes that our Ad Hoc Committee has proposed in their guidelines and that A.A. Groups have approved.

I look forward to having your District or A.A. group participate in this process. If your District doesn't have a Member at Large, I encourage your District to appoint or elect one. The Member at Large is responsible for communicating changes that Central Office is proposing to District Members and to also communicate what's happening at your District to Intergroup members at our monthly meetings. The same goes for groups. I encourage your group to elect an Intergroup Representative if your group doesn't have one so that your group has a voice and a vote in Central Office affairs.

I'm always available to answer any questions. Please feel free to email me at chair@aa-westerncolorado.com Yours in Service,

Gene F

WESTERN SLOPE NOTES May-June 2025



What's Happening





For additional information see the Central Office website: aa-westerncolorado.com Events

May 2-4,2025 CCYPAA-Colorado Young People present: Head in the Clouds-Feet firmly planted on Earth. BB pg130 Hilton Denver Tec Center

May 9,2025 AA District 17's Annual Arapaho Basin Ski Day Beach Spot 4- Day of Skiing, Potluck, Noon Meeting, lots of Fellowship



June 20-22,2025 FCSYPAA hosted by Durango Young People-

Navajo Lake State Park- Sims Mesa Campground- Sites M-6,M-10 and M-12 Tent camping- RV Sites can be purchased separately.

Breakfast, Lunch and Dinner included with tickets \$35 \$40 at the door Meetings, yoga, swimming, arts and crafts and more.





From:
Central Office of Western Colorado
P.O. Box 1531
Grand Junction CO 81502



Happy Mother's Day & Happy Father's Day

May 11th 2025 & June 15th 2025