

WESTERN SLOPE NOTES



Nov.—Dec. 2019



A Gift To You All (and myself) Is My...



1005 N. 12th St., Suite 107
Grand Junction, Colorado 81501

24 Hour Phone Service:
970-245-9649 or 888-333-9649



Central Office of Western Colorado

WESTERN SLOPE NOTES □ 2019

STEERING COMMITTEE



Steering Committee: Chair John T Vice Chair - Sue B - Secretary - Fran S
Treasurer- Katie G MAL—Dist 1 Open MAL— Dist 2 Open - Dist 5—Open
MAL -Dist 14— Sarah J MA L- Dist -17- Bob N MAL- Dist -18- Marcia B
MAL-Dist 20—Dennis
Teresa M—Central Office Coordinator Asst. Coordinator Kriss R

Pass the Gravy.....

This coming holiday season is always a huge time for gratitude, for me and countless others in the program. Thankfully, we have this opportunity to say thanks for our many wonderful opportunities that come into our lives. For me service has always helped and with this the opportunity to help others as well.

November at our Intergroup meeting will be having our election of a vice-chair, and a new treasurer. These are wonderful opportunities to help AA as a whole in your area! Come out and get involved! We are so grateful for all your support!

A huge thanks and gratitude to District 14 for hosting our on the road this last month! We all enjoyed sharing our knowledge of the basics on central office and how intergroup steering committee works for everyone, all the groups.

Hopefully you can find it in your heart and schedule to get involved to help intergroup, and all the groups in your area to carry the message to those that still suffer.

John R. Todd Chair/ 2019 2020

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Nov. Sobriety Celebration Dates



Brian	K	Wranglers	11	1	21
Dana	M	Meeting @ the VA	11	1	9
Harvel	A	Early Birds I	11	1	21
Pam	P	Steamboat Seagulls	11	1	30
Christine	H		11	3	23
Debi	L	Craig #1	11	4	35
Jerry	L	Came To Believe	11	4	33
Jonathan	S	Up To Ouray in AA	11	4	36
Anna	D	Into Action	11	6	5
Troy	S	Original Clifton	11	6	23
Cathy	G		11	7	30
Curtis	S	Attraction	11	7	23
Michel	T	Bayfield	11	7	11
Rosalie	B	Craig #1	11	7	36
Jerry	C	Insanely Early Birds	11	8	26
Bert	S	Austin Group	11	10	21
Charlie	S	Meeting @ VA	11	10	17
Gerry	P	Open Parachute	11	10	20
Ron	F	Promises	11	10	10
Donna	B	S.I.O.G.A.	11	11	26
Timothy	M	Steamboat Seagulls	11	11	27
Laura	H	Attraction	11	12	19
Yvonne	R	Go For It	11	12	37
Sue	B	Carbondale Women's	11	14	13
Gene	F	ALL	11	15	14
Sanna Jo	W	Women's Outreach	11	16	37
Dave	B	Robbers Roost	11	17	21
Denis	L	Odd Balls (alumni)	11	17	27
Judy	K	Monday Nite Women	11	17	32
Mitch	U	Steamboat Seagulls	11	17	29
Paul	F	Steamboat Seagulls	11	17	34
Gabby	G	Hotchkiss	11	21	36
Jonathan	C	Robbers' Roost	11	21	15
Lonnie	W	Grand Jct.	11	22	26
Susan	L	What's the Point?	11	23	24
Mark	R		11	24	43
Paul	R		11	24	36
David	S	Lunch Bunch	11	25	17
Char		Monday Night Women	11	28	22
K. Eric	A	Lunch Bunch	11	28	15
George	L	One Day at a Time	11	30	48

thankful
heart
is a
happy
heart



“ I was betraying myself over and over again by trying to become someone else.



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We at Central Office want to THANK all the groups and members for their contributions!!

We appreciate your support!

Group Contributions for Aug. 24–Oct. 24 2019

All Western Slope Meeting	33.00	There Is A Solution-Montrose	400.00
Aspen Beginners Sunday Nite Group	35.00	Tuesday PM Meeting	537.00
Attraction	76.00	Two Mile High Group	50.00
Came To Believe	244.33	Vail Group	249.40
Collbran	48.00	Weekend Meetings	250.00
Cortez Fellowship	50.00	Women's Big Book Study	50.00
Crawford workshop	50.00	Women in Sobriety Group - Salida	30.00
Delta Saturday Night Spk. Meeting	100.00	TOTAL	<u>8,105.11</u>
Design for Living-Vail	50.00		
District 14	1,000.00		
Early Birds I	442.89		
Fellowship of the Spirit-GWS	40.00		
Fruita Sunset	150.00		
Grand Mesa Group	75.00		
Group Contributions	50.00		
Happy, Joyous & Free	180.00		
Insanely Early Birds	630.00		
Jump Start - Rifle	269.39		
Lunch Bunch-GJ	351.30		
Noon Simplicity Group Dillon	150.00		
Odd Balls	258.00		
One Day At A Time-Olathe	30.00		
Original Clifton	45.00		
Pagosa Springs	58.40		
Primary Purpose-Vail	60.00		
Promises @ 530	279.30		
Ridgway 12x12	70.00		
Sat Morning Sunrise	50.00		
Sat. Morning Women's G.J.	150.00		
Silverton Monday Night	40.00		
Sisters In Sobriety I	60.00		
Solution Starts Here -Bayfield	90.00		
Sometimes Slowly	125.00		
Steamboat Seagulls	100.00		
Steamboat Women's	37.00		
Sunday Night Men's-Montrose	78.75		
Telluride Group	982.35		

**We are in Need of Vigilante
Hotline Volunteers!
Call Us at Central Office
You Can be of Service!**

FEELING
GRATITUDE
AND NOT
EXPRESSING IT
IS LIKE
**WRAPPING A
PRESENT**
AND NOT
GIVING IT.

~WILLIAM ARTHUR WARD~



WESTERN SLOPE NOTES □ 2019

Dec. Sobriety Celebration Dates

Steve	B	Meeting @ VA	12	0	15	Missy	P	12	28	35
Jim	B	Lunch Bunch	12	1	16	Susan	C	12	29	15
Marilyn	J	H.O.W.	12	1	25	Celeste	M	12	31	18
Mary L	E	Women's Outreach	12	1	31					
Michelle	B	Just For Today	12	2	12					
Peter	N		12	3	2					
Teresa	M	Odd Balls	12	3	16					
Donna	R		12	4	6					
Gayle	G	Lunch Bunch	12	4	17					
Rachel	Z		12	4	14					
Susan	T	Steamboat Seagulls	12	4	27					
Matt	D	Solutions	12	6	13					
Joe	F		12	7	49					
Bobby	C	Wranglers	12	10	21					
Robert	W		12	10	14					
Duane	B	Craig	12	11	40					
Charlie	J	Open Parachute	12	12	29					
Diane	E	Serenity Seekers	12	12	15					
Joe	M	Early Birds	12	12	22					
Kirk	G	Lunch Bunch	12	12	30					
John	R	Early Birds I	12	13	20					
Carol	L	Grand Mesa	12	15	44					
Pete	G	Early Birds I	12	15	32					
Erin	K	Lunch Bunch	12	16	30					
Amy	S	Sat. Morning Women's	12	17	3					
Bobbie	C	Insanely Early Birds	12	18	26					
Randy	H	Steamboat Seagulls	12	18	25					
Rick	M	Brown Baggers	12	18	33					
Kate	H	P-Burg Pilgrims	12	19	17					
Kelly	B	P.I.P. Tuesday Men's	12	20	14					
Susan	B	Aspen	12	20	34					
Duane	W		12	21	18					
Randy	W	Aspen	12	21	19					
Mark	M	Aspen	12	22	24					
Nancy	K		12	22	25					
Kay	B	Paonia	12	23	37					
Rick	M	Craig #1	12	23	14					
Roger	R	What's the Point?	12	23	32					
Stephanie	M	Women's Outreach	12	23	37					
Jim	B	Promises	12	25	37					
Judy	B	Promises	12	26	37					
Tom	Al	Meeting @ VA	12	26	30					

**A birthday is just
 the first day of
 another 365 day
 journey around
 the sun.
 Enjoy the trip**

My how time does fly and all the years that have gone by. All of our friends that have died, makes me want to cry, but why. Some of them were so sudden, some of them were long, slow and painful, why wouldn't we want them to go. So very many we have lost this last year. It really is so sad to hear. But for us left behind we all grow and try not to forget those of them that had to die, trying harder to do the next right thing. Try harder to stay and pray. Try to figure why, it was them and not I. We are all here to carry the message of sobriety and good cheer. To work hard on the steps and hopefully help another person. We try not to just sit around and thinking only of ourselves. Learning to be selfless instead of selfish is just one direct aspect of living with a Alcoholics Anonymous program directly.

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Step 11 Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Mediation and prayer are our natural tools to create and experience life more fully. Learn them, use them and expand your life.

Tradition 11 Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

Step 12 Having had a SPIRITUAL awakening as a result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.

Tradition 12 Anonymity is the SPIRITUAL foundation of all our traditions, ever reminding us to place principles before personalities.

I'm uncomfortable, though, with anyone citing the Bible, the Koran or any non-A.A. literature as the truth in an A.A. meeting. But I certainly give them the right to refer to or even quote (briefly) from these texts if its part of their A.A. EXPERIENCE. (Quoted from P84 pamphlet)

Grateful are We

Kriss R & Teresa M would like to thank the Fellowship for the honor and privilege of continuing to keep Central Office open for all who need it.



WESTERN SLOPE NOTES 2019

What's Happening

Area 10 Winter Assembly

Nov. 8-10 2019

Broomfield CO

Alkathon

Dec. 24-25

Dec. 24 Noon-Midnight

Dec. 25 8:00am-Noon

404 Glenwood Ave.

Grand Junction

New Year's Eve

Travelodge

718 Horizon Dr.

Grand Junction



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