

WESTERN SLOPE NOTES



Jan - Feb 2024



HAPPY
Valentine's Day



Dr. Bob

Bill W.

PO Box 1531 Grand Jct.CO 81502
740 Gunnison Ave #104 West door





WESTERN SLOPE NOTES 2024

STEERING COMMITTEE



Steering Committee: Chair Sue B Vice Chair - Gene F- Secretary - Open
Treasurer-Tammi T MAL—Dist.1 Kate H MAL— Dist. 2 Dena M - Dist. 5 Trent L
MAL -Dist. 14— Arron MAL- Dist. -17- Bob N MAL- Dist. -18- Jeanette H
MAL Dist. 20—Dan J

Happy New Year Western Colorado AA!

I truly hope you had a Joyful, Loving and most importantly Sober Holiday Season. In reflecting on this past year, I find [myself](#) so very grateful and blessed to have had the honor of serving that which saved my life, Alcoholics Anonymous.

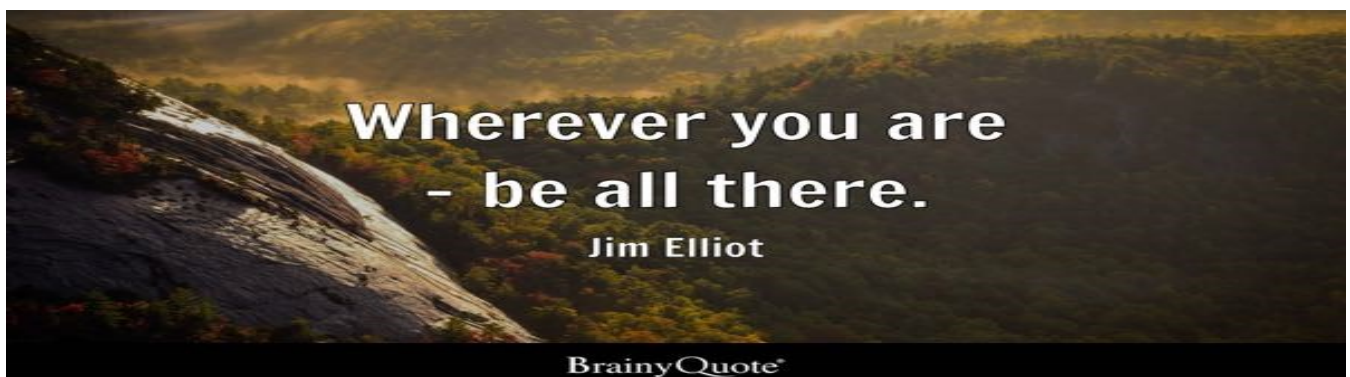
We had, I think, a great 2023. For most of the year there has been Member at Large representation from all seven Districts in Western Colorado. We got “On the Road” back on the road. Colordaze was an incredible fundraising event, fun, inspiring and able to make a sizable contribution to Central Office. Our Western Colorado Fellowship came together and rallied when Contributions slowed way down and put our Central Office in a financial pinch, saving the day! We have been blessed with a new Central Office Assistant Coordinator and the Christmas Alkathon happened thanks to the diligence of Teresa our Central Office Coordinator.

I am totally looking forward to a fantastic 2024, again with my focus on reaching out to the Fellowship to increase Group participation and better serve Western Colorado AA.

In the Big Book the 10th Step reads “We have entered the world of the Spirit. Our next function is to grow in understanding and effectiveness.” I invite you to join me in that daily quest.

In love and service,

Sue Brookman
Intergroup Steering Committee Chair
4brookheads@gmail.com
970-379-8856





Western Slope Notes

Jan - Feb 2024



Group Contributions

	<u>Oct 18 - Dec 22, 23</u>
AA Timberline	123.00
All Western Slope Speakers Meeting	50.00
As Bill Sees It--Fruita	83.50
Brown Baggers--GJ	100.00
Collbran	193.00
Cortez Fellowship	75.00
Delta Area Big Book Study	70.00
Design for Living-Vail	50.00
District 14	1,500.55
District 18	200.00
Down Valley Derelicts (DVD-Basalt)	180.00
Durango Central	150.00
Fruita Sunset	150.00
Go For It -- Delta Women's	165.93
Grand Mesa Group	75.00
Happy, Joyous & Free	125.28
Insanely Early Birds	550.00
Jump Start - Rifle	171.78
Lake City AA	170.00
Let Go and Let God-Salida	105.00
Living in the Solution	43.00
Lunch Bunch-GJ	267.58
Meeker #1	100.00
Noon Simplicity Group Dillon	75.00
On the Promises	50.00
Principles Before Personalities	713.00
Promises @ 530	570.00
Ridgway 12x12	47.00
Salida Noon Zoom Group	209.15
Salida Women	68.60
Sat Morning Sunrise	125.00
Sobriety with Altitude	100.00
Sunday Night Men's-Montrose	61.25
There is a Solution P.S.	270.00
Two Mile High Women's	382.45
Up to Ouray in A.A.	256.75
Vallecito AA	100.00
	<u><u>7,726.82</u></u>

We are considering no longer printing the Newsletter & mailing it out, due to the cost and due to the fact only a few have paid to receive the newsletter. We received \$40.00 in 2023 for the Newsletter. Cost per year per person is \$7.50

We are asking if you receive and want to receive the Newsletter to Please pay. The newsletter is available on our website!!!

aa-westerncolorado.com

INDIVIDUAL CONTRIBUTIONS

	<u>Oct 18 - Dec 22, 23</u>
Cash Sales	10.00
Individual Contributions	2,906.05
TOTAL	<u><u>2,916.05</u></u>

TELL THE NEGATIVE
COMMITTEE THAT MEETS
INSIDE YOUR HEAD TO
SIT DOWN AND
SHUT UP

- Ann Bradford



WESTERN SLOPE NOTES

January Sobriety Celebration



Mona	B	Women's Outreach	1	1	47
Rod	H	Brown Baggers--GJ	1	1	43
Penny	N	Craig #1	1	1	41
James	L	Odd Balls	1	1	39
Steve	A	Lunch Bunch	1	1	36
Lynn	C	Aspen / Basalt	1	1	35
Pete	F	Silt Wild Bunch	1	1	27
Elisa	W		1	1	25
Jack	L	Back To Basics	1	1	24
Jack	W	Over the Hump	1	1	20
Kathy	A		1	1	19
Christie	S	Durango Central	1	1	16
Boe	N		1	1	7
Brad	O	Aspen Men's Group	1	2	33
Stacy	F	Aspen	1	2	29
Jude	M	OddBalls	1	3	48
Frank	M	Bantron	1	4	42
Cathy	C	Ridgway / Ouray	1	4	19
Janet	V	Lunch Bunch	1	6	15
Tom	E	Just for Today	1	7	23
Tricia	M		1	7	20
Micheal	J		1	8	13
Becky	A	Delta Area Group	1	9	40
Zelinda	B	As Bill Sees It	1	10	41
Loren	C	Lunch Bunch	1	10	34
Jackie	S	Original Clifton	1	10	30
Don	D	Odd Balls	1	10	21
Len	S	Lunch Bunch	1	10	21
Mark	M		1	10	17
Paula	G	Hotchkiss	1	11	32
Reid	B	Norwood	1	12	21
Bob	M	The Other Group	1	12	18
Dee	B		1	13	15
Jeff	L	Steamboat Seagulls	1	14	44
David	B	Down Valley Derelicts	1	14	29
Rob	S	Craig #1	1	14	18
Ed	M	OddBalls	1	14	14
Mickee	M	Craig #1	1	15	45
Shawn	R	Palisade Happy Open	1	15	35
Jeff	C	Redstone	1	15	34
Suzann	R	Living Sober	1	15	27
Kirby	N	Grand Mesa	1	15	24
Josh	H	Open Parachute	1	16	22
Jeff	W	New Beginnings	1	16	19
Christy	W	Steamboat Seagulls	1	18	30
Jack	M	Hotchkiss	1	18	29
Jay	G		1	19	18
David	S	Serenity Seekers	1	20	8
Susan	S	Craig Fellowship	1	22	28
Jay	W	Aspen	1	23	42
Annette	P	Women's Outreach	1	23	33
Chris	K	Odd Balls	1	23	23

Martha	R	Attraction	1	24	37
Nancy	F	Fellowship of the Spirit	1	24	33
Marilyn	G		1	24	30
Jeff	B	Rangely #1	1	25	16
Clay	W	Mon Nite Men's	1	26	24
Jennifer	W		1	26	15
Jan	R	Serenity Seekers	1	27	45
Mark	M	Meeting @ V.A.	1	27	18
Alice	F	H.O.W.--GJ	1	30	29

Birthdays in the November Newsletter were incorrect !!
Words cannot express how sorry we are for this error. We had several files and unfortunately we picked the wrong file. We have compiled one list from all the files we had and pray that we finally have right! If not, please let us know. Also, if you see the names of people that have passed or have left the program please drop us an email.

One of our beloved members is George L. from Delta. I have repeatedly gotten his Birthday wrong. George just celebrated 52 years, not 49 years as reported in the Newsletter. His accomplishment should be REVERED!!!

Each and every milestone is worthy of celebration and we got it wrong. Our most sincere apology to each and every one of YOU!!

Step One

We admitted we were powerless over alcohol-
that our lives had become unmanageable.

**WHATEVER KEEPS
YOU SOBER, DO
MORE OF THAT.**

Tradition One

Our common welfare should come first: personal
recovery depends upon AA unity.



WESTERN SLOPE NOTES 2024

February Sobriety Celebration

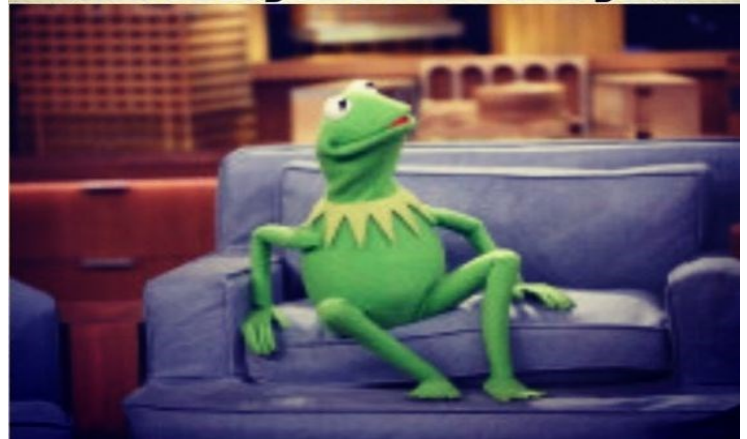


Josh	H	Early Birds I	2	1	46
Judith	I		2	2	40
Darlene	B		2	2	39
Carol	L	Women's Outreach	2	2	35
Belinda	K	Go For It	2	2	33
Bob	M	Living Sober-Aspen	2	2	32
Debbie	Q	Carbondale	2	4	40
Don	D	Beaver Creek	2	5	28
Ron	G	Brown Baggers--GJ	2	7	43
Pat	D		2	8	37
Charlotte	W		2	8	20
Shane	O	Brown Baggers--GWS	2	9	24
Cheryl	H	Lunch Bunch ???	2	9	21
Jeanine	D		2	10	37
Matt	D		2	10	37
Mark	V		2	11	26
Jo	K		2	11	16
Lynn	T	H.O.W.--GJ	2	12	30
Dolores	P	Early Birds I	2	12	28
Tom	E		2	12	13
Pete	M	Came To Believe	2	14	47
Daphna	R	Grand Mesa	2	14	40
Kriss	R	Early Birds I	2	14	36
Charlie	L	Grand Mesa	2	14	33
Mike	A	Attraction	2	15	33
Merilee	S	Early Birds I	2	15	19
Carol	R	Original Clifton	2	15	18
Tony	O	OddBalls	2	15	15
Loretta	G	Open Parachute	2	15	14
Chris	K	Grand Mesa	2	17	22
Marylee	L	Early Birds I	2	17	17
Chuck	H		2	18	41
Melodie	B	Into Action	2	18	40
Roy	C	Lunch Bunch	2	18	21
Kathy	Z	Rangely Roundup	2	18	16
Rick	R	Meeker #1	2	19	34
Sue		Open Parachute	2	19	15
Marcy	M	Promises	2	21	35
Rick	E	Steamboat Seagulls	2	21	28
Jeannie	T		2	21	12
Martin	B	Just For Today	2	22	38
Nancy	K		2	23	30
Christine	K	Lunch Bunch	2	24	7
Carrieann	A		2	25	33
Patty	M		2	26	33
Frank	S	Bantron	2	27	45
John	A	Meeting @ VA	2	27	26
Mike	P	Open Parachute	2	28	19
Kelly Stone	B		2	29	60

STEP 2

Came to believe that a Power greater than ourselves could restore us to Sanity.

The look you get when a rehab commercial comes on and everyone stares at you.



Tradition 2

For our group purpose there is but one ultimate authority -a loving God as He may express Himself in our group conscience. Our leaders are buy trusted servants; they do not govern.



Letters to the Editor

From A grateful member of Alcoholics Anonymous

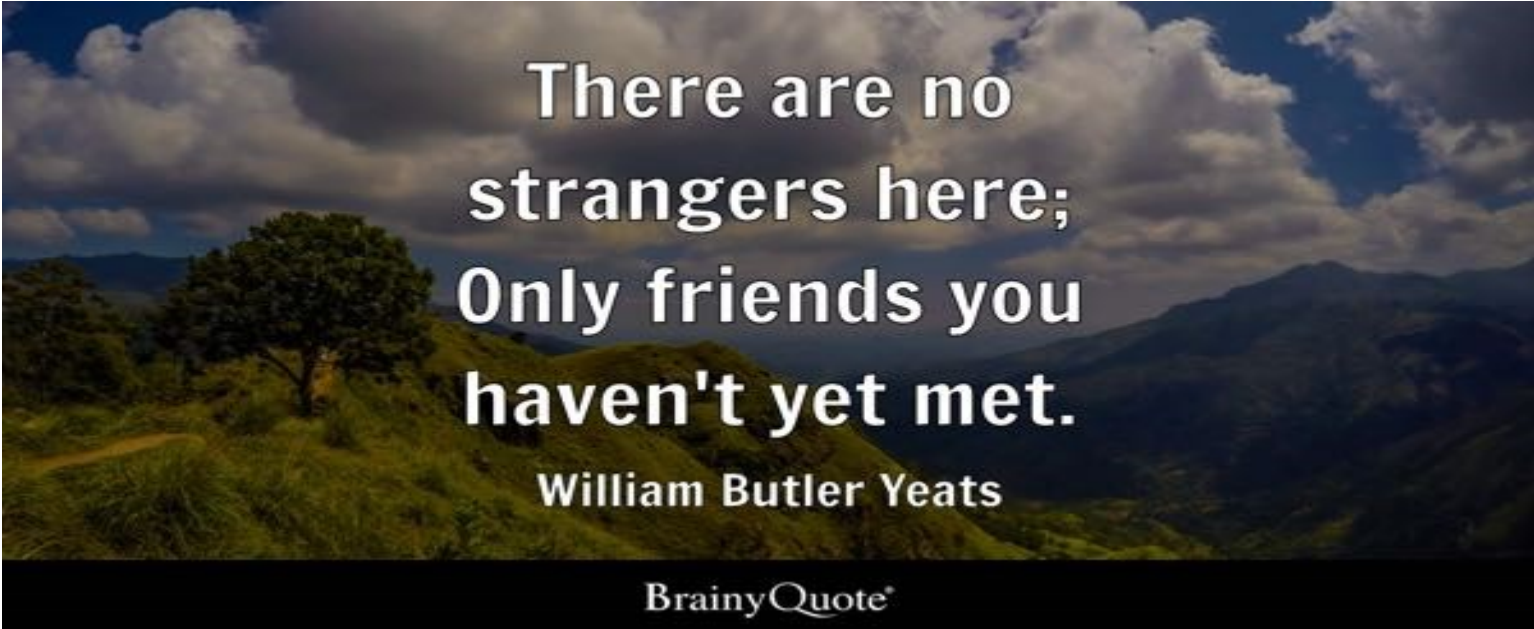
I have just finished reading the Letter to the Editor in the Western Slope Notes for Nov/Dec 2023.

I'm saddened as well. Central Office to me is a vital part of my sobriety. Teresa, the Central Office Coordinator, has taught me how AA works from Central Office's perspective. When I got sober, all I knew was to go to meetings and more meetings. But, when I got involved in service work I became acquainted with the folks at Central Office. They came to my home group and presented AA 101 and because I lived several hours away from Grand Junction a few stayed at my home. We had a great time.

The Coordinator is not paid nearly enough. I have called her at 9:00 on a Friday night asking questions and she picks up the phone and in a wonderful, caring, loving manner answers my questions. As mentioned in the previous Letter to the Editor, she only gets paid for 30 hours a week but works many more.

Central Office and its volunteers are a vital part of the AA structure. Service work is a vital part of my recovery. I treasure the gifts I've received because of service work.

From Up to Ouray in AA "We don't think Central Office is a dinosaur at all!"



There are no
strangers here;
Only friends you
haven't yet met.

William Butler Yeats

BrainyQuote®

We want to hear from you! Email us at centraloffice@aa-westerncolorado.com or snail mail is at PO Box 1531, Grand Junction, CO 81502. If you want your letter published, add a subject line with "Letter to the Editor". 500 words maximum. We may not be able to publish your letter immediately but we will keep them on file and publish them as we have room.

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What's Happening



Steering Committee/InterGroup
2nd Saturday of every month live at
Central Office 740 Gunnison Ave. Grand Jct.

At 11:00. Via zoom as well.

Every Group needs to have a voice !!!

January 13 2024 and February 10th 2024



Area 10 Spring Assembly 2024- Grand Junction

March 22-24, 2024

Double Tree Hotel

743 Horizon Drive

Grand Junction, CO

1-970-241-8888



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