# WESTERN SLEEP PE NOTES

July - August 2018



We neither ran nor fought. But accept we did. And then we began to be Free.

As Bill Sees It page 109

1005 N. 12th St., Suite 107 Grand Junction, Colorado 81501



24 Hour Phone Service: 970-245-9649 or 888-333-9649





Central Office of Western Colorado

# STEERING COMMITTEE



Steering Committee: Chair - Bob N Vice Chair - Sue B Secretary - Susan W-Treasurer- Katie G

MAL—Dist 1 Open MAL—Dist 2 Dana MAL - Dist 5—OPEN MAL—Dist MAL -- Dist 14 -Gary

MA L – Dist -17 – OPEN MAL – Dist -18 – Marcia MAL – Dist 20 – Dennis B

Teresa M—Central Office Coordinator Asst. Coordinator Kriss R

#### **Greetings from the Intergroup/Steering Committee:**

I hope you all made it to the Founder's Day Picnic on June 10<sup>th</sup>. Kudos to the Oddballs for hosting a super function. The amount and variety of food was amazing. Well done! If your group wants to step up and host next year's picnic, let your Intergroup Rep know. We will be looking for a host group. Our next Intergroup-sponsored function is ColorDaze, September 21<sup>st</sup>-23<sup>rd</sup>, at the Travelodge. See you there.

The Intergroup and Steering Committee are taking the month of July off due to the already packed schedule of A.A. events. One event worth taking in is Area 10's Summer Assembly, July 13<sup>th</sup>-15<sup>th</sup>, at the Colorado Mountain College Spring Valley campus, hosted by District 14. We will be back at it in August with our meeting on August 11<sup>th</sup> at the Grand Junction Alano Club.

Remember, the Intergroup and Steering Committee exist to help groups in western Colorado in their common purpose of carrying the message to the alcoholic who still suffers. If you want to help or have suggestions on how we can do this better, please talk to your Intergroup Rep or the Central Office.

Yours in Service,

#### **Bob N**

Chair, Western Colorado Intergroup



# AA RECOVERY

#### WESTERN SLOPE NOTES • JULY-AUG 2018

#### Group Contributions Report May 2018

All Western Slope Meeting	\$97.00
Austin Group	\$97.26
Back to Basics-Rifle	\$50.00
Burning Mtn Action-New Castle	\$80.00
Carbondale Women's Group	\$10.00
Cortez Fellowship	\$25.00
Design for Living-Vail	\$50.00
District 14	\$333.34
Early Birds I	\$488.62
Friday Night Fireside Meeting	\$83.60
Insanely Early Birds	\$400.00
Odd Balls	\$290.00
One Day At A Time-Olathe	\$60.00
Original Clifton	\$106.90
Sat. Morning Womens G.J.	\$71.00
Two Mile High Group	\$50.00

TOTAL \$2,292.72

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#### **WESTERN SLOPE NOTES** • JULY-AUG 2018

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<u>Name</u>	Home Group	Date	Year
Brian J.	Telluride	July 1	19
Chuck	Telluride	July 1	28
Jim P.	Telluride	July 1	27
Gayle V.	Durango	July 1	6
Leslie P.	Craig #1	July 2	16
Anders A.	Steamboat Seagulls	July 4	21
Bill B.	Palisade Happy Open	July 4	40
Cheryl N.	Telluride	July 4	27
Craig M.	Oddballs	July 4	7
Bud W.	Odd Balls	July 7	38
Karen M.	One Day At A Time	July 7	13
Keith M.	Attraction	July 7	33
Richard T.	Telluride	July 8	37
Jim C.	Brotherly Action - Basalt	July 9	17
Sharon S.	Telluride	July 9	14
Susan K.	Grand Mesa Group	July 9	19
Anna D.	Lunch Bunch	July 10	17
Brent P.	Original Clifton	July 10	32
Cheryl B.	Ute Mountain Group	July 10	39
Kit	Telluride	July 10	17
Ron J.	Palisade Happy Open	July 10	20
Chris P.	Palisade HOGS	July 11	7
Jaime H.	Tallsade 110G5	July 11	29
Karalee P.		July 11	20
Mark N.	Odd Balls	July 11 July 11	21
Paul P.	Odd Balls	July 11	36
Stephanie	Telluride	July 12	28
Wayne J.	Fruita Sunset	July 13	42
Alison C.	Truita Sunset	July 14	32
Walt B.		July 14 July 14	38
Charlie	BANTRON	July 16	22
Dan J.	Delta Area Group	July 16	30
Rick J.	Early Birds I	July 16	25
Tom H.	Larry Birus i	July 16	7
Lynette	Open Parachute	July 17	11
Jack S.	Grand Mesa	July 17 July 18	22
Mike P.	ASPEN	July 18	23
Millie S.	Womens Outreach	July 18	39
Jim O.	Lunch Bunch	July 19	17
Lil P.		July 19	16
John F.	Brown BaggersGJ Early Birds I	July 20	29
Tracy M.	Grand Mesa	July 20 July 20	29
Dana B.	Insanely Early Birds		12
	Brown BaggersGJ	July 21	22
Doreen D.	H.O.W GJ	July 21 July 22	12
Crystal S.		•	
Rex J.	What's the Point?	July 23	28
Sharon G.	Grand Mesa	July 23	32
Bob L.	Over the Hump	July 24 July 24	36
Steve Y.	Clifton Original	•	7 26
Tom R.	Clifton Original	July 24	26
Leslie F.	Odd Balls	July 24	5
Rex D.	Lunch Bunch	July 25	30
Susan L.	11.0.1/4 61	July 25	9
Mary Pat L.	H.O.WGJ	July 27	36
Sherri M.	Open Parachute	July 27	8
Brad C.	S.I.O.G.A.	July 28	27
David S.	Burning Mtn Action	July 28	36
Dianne R.	Go For It	July 28	32
Judy M.	Serenity Speakers	July 29	27



Praver than you believe stronger than you seem than you think than you think than you than than you than know.



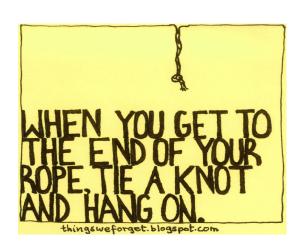


## WESTERN SLOPE NOTES • JULY-AUG 2018

#### **July & August Sobriety Celebration Dates**

Group	<u>Date</u>	<u>Years</u>		
Dyer O.			July 31	33
Betsy C.		Women's Outreach	August 1	51
David H.			August 1	21
Goroy L.			August 1	20
Jim R.		Meeker #1	August 1	41
Penny M.			August 1	6
Trevor N.		Promises	August 2	5
Chuck S.		Lunch Bunch	August 5	29
Mary M.		Thursday Nite Womens	August 5	14
Buck W.		Bantron	August 6	24
Tim S.		Original Clifton	August 6	30
Frank B.		Insanely Early Birds	August 7	19
Merri Kriss R.		mounchy Early Binds	August 7	8
Dwight W.			August 8	7
Roger I.		Early Birds I	August 9	20
Ronde		Early Birds i	August 10	33
Tom H.			August 10	43
Claudia F.		Womens Outreach	August 11	29
Ray M.		Open Parachute (alumni)	August 11 August 11	55
Steve P.		Lunch Bunch	August 11 August 11	15
Linda C.		Editeri Barieri	August 14	20
Ron N.		Odd Balls	-	13
Barb R.		Open Parachute	August 15	33
Keith A.		Odd Balls	August 15	33 11
			August 15	18
Linda H.		Steamboat Seaulls S.I.O.G.A.	August 16	_
Wayne M.			August 17	34
Cheryl J.		Open Parachute	August 18	20
John G.		Aspen	August 18	21
Susan S.		Ones Develope	August 18	23
Bill V.		Open Parachute	August 19	33
Carlos R.		Fault Dinda I	August 19	13
David D.		Early Birds I	August 19	13
John R.		Faela	August 19	30
Patricia K.		Eagle Nov. Books in a	August 19	30
Charles F.		New Beginnings	August 20	35
Christina H.		Lunch Bunch	August 20	37
Michael S.		5 1 5: 1 1	August 20	10
Mark R.		Early Birds I	August 21	16
John W.		Attraction	August 22	32
Marilyn H.			August 22	24
Chris K.		Aspen	August 23	21
Sarah B.			August 23	8
Louis G.			August 25	33
Matt S.		Just for Today	August 25	13
Norman G.		Fellowship	August 26	55
Connie M.			August 27	14
Becky H.		Odd Balls	August 28	15
Jack P.		Lunch Bunch	August 28	23
Karma B.		Aspen	August 28	28
Bud N.		Craig #1	August 29	39
Sharon S.		Up To Ouray in AA	August 29	34
Ray A.		ASPEN	August 30	22





THE ONLY TIME
YOU SHOULD EVER
LOOK BACK,
IS TO SEE HOW
FAR YOU'VE COME.



### **Step Seven**

Humbly asked Him to remove our shortcomings.

#### **Tradition Seven**

Every AA group ought to be fully self-supporting, declining outside contributions.



# **Step Eight**

Made a list of all persons we had harmed, and became willing to make amends to them all.

### **Tradition Eight**

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers. MOVIE NIGHT A.A. HISTORY IN

**COLORADO** 

**JULY 27, 2018** 

8:00PM

**ALANO CLUB** 

**404 GLENWOOD AVE** 



# What's Happening

#### **Area 10 Summer Assembly**

July 13 – 15, 2018 Colorado Mountain College, Glenwood Springs CO

#### **Crested Butte Mountain Conference**

Grand Lodge Hotel Crested Butte CO July 22 – 27, 2018

#### **AA History in Colorado Movie Night**

Alano Club, Grand Jct. July 27 8pm

#### **Cortez Fellowship Group Speaker Meeting**

Debbie D. Concord, CA August 4, 2018 8:00pm

For more information call 970-529-6626 or 970-749-8619

#### **Charlie B. Memorial Campout**

Chapman Reservoir Campground, Basalt CO
August 17 – 19

#### **Colorado State Convention**

Denver Marriott at Tech Center, August 31 – Sept. 2

#### **ColorDaze**

September 21-23 2018
Travelodge 718 Horizon Dr. Grand Jct. CO

Central Office of Western Colorado 1005 N 12th St Suite 107

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