# WESTERN SLEEPE NOTES January February 2020



1005 N. 12th St., Suite 107 Grand Junction, Colorado 81501 24 Hour Phone Service: 970-245-9649 or 888-333-9649







Central Office of Western Colorado

# WESTERN SLOPE NOTES 2020 STEERING COMMITTEE



Steering Committee: Chair John T Vice Chair - Ed T- Secretary - Fran S

Treasurer- Christine K MAL-Dist 1 Open MAL- Dist 2 MAL - Dist 5-Open
MAL - Dist 14- Jeff MA L- Dist -17- Craig MAL- Dist -18- Open MAL

Dist 20-Dennis

Teresa M—Central Office Coordinator Asst. Coordinator Kriss R

Dear Friends,

Looking forward to the 2020 year with all you folks on the Western Slope! I have really enjoyed being a part of the process at your Central Office, Intergroup, and the Steering Committee. I would be remiss if I did not start out with a heartfelt regret that we have lost a wonderful human being this last year, Duane L. He was a wonderful part of A.A., a past chair for intergroup, and hired Teresa our Central Office Coordinator. I know he stayed active and had many sponsees, he will be sorely missed. He made it to the Big Meeting in the sky.

We also have some incredible volunteers to thank for their work in 2019! A huge thanks to Katie G. our outgoing treasurer! Another enormous thank you to Sue B. our outgoing vice-chair, who without her help I am sure I would have floundered at my attempts at the chair position, she was most helpful! I cannot begin to thank all the volunteers who helped throughout the year at Central Office, and at all of our functions, such as Founders' Day, New Years Eve Bash, and our big event, ColorDaze. The amount of work set up and tear down is endless, and the Western Slope has a strong backbone and comes out to help in all our endeavors.

Our meeting in January will be on the 11<sup>th</sup>, at the Alano Club. Steering Committee will start at 1:15pm followed by Intergroup at 2:15pm. On the agenda to be discussed by the groups is whether we will be combining our meetings into one, instead of two which cover basically the same business every month. This was brought up by the body, and we want your feedback. We still have many open positions for Intergroup Reps. Each group should have a voice and a vote to help us in our mission to serve the alcoholics in this region.

In closing, I want to thank you all for allowing me to be your Chair for Intergroup. We have a new vice Chair, Ed T., and a new treasurer, Christine K. I look forward to serving with them. We are moving forward this year and plan on going on the road three times to reach our outlying districts! I have a fondness for this side of the mountain, having been born and raised here. It makes my heart proud to say I am from this beautiful Western Slope. I look forward to meeting some of you as we trudge that road of happy destiny!

Your most humble servant John T. "J.T." Chair Intergroup 2020

#### **WESTERN SLOPE NOTES January-February 2020**

## We at Central Office want to THANK all the groups and members for their contributions!!

#### We appreciate your support!

Group Contributions for Oct 24 - Dec 26 2019

AUSTIN GROUP	96.32	AA PROMISES
BROWN BAGGERS GJ	80.00	AA I KOMISES
BROWN BAGGERS GWS	5 0.00	1 We are going to know a now
COLORDAZE	5,905.37	<ol> <li>We are going to know a new freedom and a new happiness.</li> </ol>
CORTEZ FELLOWSHIP	50.00	2. We will not regret the past nor
CRAIG GROUP 1	30.00	wish to shut the door on it.
CRESTED BUTTE	55.63	3. We will comprehend the word se-
DISTRICT 14	1,000.00	renity.
EAGLE AA	750.00	4. We will know peace.
EARLY BIRDS 1	212.14	5. No matter how far down the
FOCUS 164-C'DALE	50.00	scale we have gone, we will see
HAPPY OPEN GROUP	130.00	how our experience can benefit
INSANELY EARLY BIRDS	460.00	others.
KEYS TO THE KINGDOM	180.00	6. The feelings of uselessness and
MANCOS FLOAT N SOBER	60.00	self-pity will disappear. 7. We will lose interest in selfish
MORNING HANGOVERS	142.77	things and gain interest in our
NOON SIMPLICITY	100.00	fellows.
ODD BALLS	274.00	8. Self-seeking will slip away.
SALIDA FRIDAY NOON	29.62	9. Our whole attitude and outlook
SAT NIGHT LIVE—C'DALE	325.00	on life will change.
SISTERS IN SPIRIT	250.00	10. Fear of people and economic in-
STEP SISTERS	75.00	security will leave us.
SUNLIGHT OF THE SPIRIT	75.00	11.We will intuitively know how to
TUESDAY MEN'S—GJ	150.00	handle situations which used to
VARIETY & SOBRIETY	239.48	baffle us
WED. NIGHT BLN	300.00	12.We will suddenly realize that God
WESTERN SLOPE SPKS.	50.00	is doing for us what we could not
WOMEN IN RECOVERY—GUN.		do for ourselves.
TOTAL	11,405.94	

## WESTERN SLOPE NOTES ☐ 2020 JAN. Sobriety Celebration Dates



Boe	N		1	1	3
Christie	S	Durango Central	1	1	12
Elisa	W	O .	1	1	21
Jack	L	Back To Basics	1	1	20
Jack	W	Over the Hump	1	1	16
James	L	Odd Balls	1	1	35
Kathy	Α		1	1	15
Lynn	С	Aspen / Basalt	1	1	31
Mona	В	Women's Outreach	1	1	43
Penny	Ν	Craig #1	1	1	37
Pete	F	Silt Wild Bunch	1	1	23
Rod	Н	Brown BaggersGJ	1	1	39
Scott	D	Robbers' Roost	1	1	15
Steve	Α	Lunch Bunch	1	1	32
Brad	0	Aspen Men's Group	1	2	29
Stacy	F	Aspen	1	2	25
Ed	В	Grand Mesa	1	3	25
Jude	Мс	OddBalls	1	3	44
Kay	В	Grand Mesa	1	3	25
Cathy	С	Ridgway / Ouray	1	4	15
Frank	M	Bantron	1	4	38
Janet	V	Lunch Bunch	1	6	11
Tom	Ε	Just for Today	1	7	19
Tricia	Mc		1	7	16
Micheal	J		1	8	9
Becky	Α	Delta Area Group	1	9	36
Don	D	Odd Balls	1	10	17
Jackie	S	Original Clifton	1	10	26
Len	S	Lunch Bunch	1	10	17
Loren	С	Lunch Bunch	1	10	30
Mark	M		1	10	13
Zelinda	В	As Bill Sees It	1	10	37
Paula	G	Hotchkiss	1	11	28
Bob	Mc	The Other Group	1	12	14
Reid	В	Norwood	1	12	17
Dee	В		1	13	11
David	В	D. Valley Derelicts	1	14	25
Ed	M	OddBalls	1	14	10
Jeff	L	Steamboat Seagulls	1	14	40
Rob	S	Craig #1	1	14	14
Jeff	С	Redstone	1	15	30

Kirby	Ν	Grand Mesa	1	15	20
Marcia	С	As Bill Sees It	1	15	21
Mickee	Μ	Craig #1	1	15	41
Shawn	R	HOG	1	15	31
Suzann	R	Living Sober	1	15	23
Jeff	W	New Beginnings	1	16	15
Josh	Н	Open Parachute	1	16	18
Christy	W	Steamboat Seagulls	1	18	26
Jack	Mc	Hotchkiss	1	18	25
Jay	G		1	19	14
David	S	Serenity Seekers	1	20	4
Sally	M	Lunch Bunch	1	22	21
Susan	S	Craig Fellowship	1	22	24
Annette	Р	Women's Outreach	1	23	29
Chris	K	Odd Balls	1	23	19
Jay	W	Aspen	1	23	38
Marilyn	G		1	24	26
Martha	R	(was) Attraction	1	24	33
		Fellowship of the			
Nancy	F	Spirit	1	24	29
Jeff	В	Rangely #1	1	25	12
Clay	W	Mon Nite Men's	1	26	20
Jennifer	W		1	26	11
Jan	R	Serenity Seekers	1	27	41
Mark	M	Meeting @ V.A.	1	27	14
Alice	F	H.O.WGJ	1	30	25





### WESTERN SLOPE NOTES ☐ 2020 FEB. Sobriety Celebration Dates

Josh	Н	Early Birds I	2	1	42
Belinda	K	Go For It	2	2	29
Bob	М	Living Sober-Aspen	2	2	28
Judith	1		2	2	36
Carol	L	Women's Outreach	2	2	31
Debbie	Q	Carbondale	2	4	36
Maureen	С	Came To Believe	2	5	47
Don	De L	Beaver Creek	2	5	24
Ron	G	Brown BaggersGJ	2	7	39
Charlotte	W		2	8	16
Pat	D		2	8	33
Cheryl	Н	Lunch Bunch	2	9	17
Shane	O'R	Brown BaggersGWS	2	9	20
Jeanine	D-T		2	10	33
Matt	D-T		2	10	33
Mark	V		2	11	22
Jo	K		2	11	12
Dolores	Р	Early Birds I	2	12	24
Lynn	Т	H.O.WGJ	2	12	27
Tom	Е		2	12	9
Daphna	R	Grand Mesa	2	14	36
Pete	М	Came To Believe	2	14	43
Charlie	L	Grand Mesa	2	14	29
Kriss	R	Grand Jct.	2	14	32
Carol	R	Original Clifton	2	15	14
Loretta	G	Open Parachute	2	15	10
Mike	Α	Attraction	2	15	29
Tony	0	OddBalls	2	15	11
Chris	K	Grand Mesa	2	17	18
Marylee	La	Early Birds I	2	17	13
Chuck	Н		2	18	37
Melodie	В	Into Action	2	18	36
Kathy	Z	Rangely Roundup	2	18	12
Roy	С	Lunch Bunch	2	18	17
Sue		Open Parachute	2	19	11
Rick	R	Meeker #1	2	19	30
Jeannie	T		2	21	8
Marcy	Mc	Promises	2	21	31
Rick	Е	Steamboat Seagulls	2	21	24
Martin	В	Just For Today	2	22	34
Nancy	K		2	23	36
Christine	K	Lunch Bunch	2	24	3
Carrieann	Α		2	25	29

Patty	М		2	26	29
Frank	S	Bantron	2	27	41
John	Α	Meeting @ VA	2	27	22
Mike	Р	Open Parachute	2	28	15
Kelly	В		2	29	56

#### December 30, 2019

The first thing my sponsor told me was, I don't have time to help you stay sick....but if you want to get better I'd be glad to help.

Temple, Texas October 1990 The Man I've Always Wanted to Be, Emotional Sobriety



#### Western Slope Notes 2020



We now have The Gift of History. A 4 book set that includes Pass it On, Dr Bob and the Good Oldtimers and an Anniversary Big Book.

There is also an ABUNDUNCE of ColorDaze Cups!
BUY ONE GET ONE FREE!!!

"Why all this insistence that every A.A. must hit bottom first? The answer is that few people will sincerely try to practice the A.A. program unless they have hit bottom," reads a passage from Twelve Steps and Twelve Traditions.

#### Step 1

We admitted we were powerless over alcohol that our lives had become unmanageable.

#### Step 2

Came to believe that a Power greater than ourselves could restore us to sanity.

#### **Tradition 1**

Our common welfare should come first; personal recovery depends upon AA unity.

#### Tradition 2

For our group purpose there is but one ultimate authority-a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.



## What's Happening

56th Annual Women's Conference Indianapolis February 20-23

Area 10 Spring Assembly Colorado Springs March 20-222

Alcoholics Anonymous International Convention. Detroit MI.

July 2nd—July 5th

Summer Assembly Montrose CO July 24-26



2020 COLORADO STATE CONVENTION
SEPTEMBER 4-6 2020
COLORADO SPRINGS

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