# WESTERN SLEEP PE NOTES

## May—June 2018



"When happiness comes, we accept it as a gift, and thank God for it.

" As Bill Sees It "page 306

May we all be the parents that our kids deserve!

Make everyday count.

Step 6
Were entirely
ready to have God
remove all these
defects of
character



1005 N. 12th St., Suite 107 Grand Junction, Colorado 81501





24 Hour Phone Service: 970-245-9649 or 888-333-9649



Central Office of Western Colorado

## Greetings from the Intergroup/Steering Committee:



Wow! It's tough to keep up with your Intergroup, much less summarize its activities in a couple of paragraphs, but here goes.

Intergroup approved the 2018 budget of almost \$64,000 in March. Having completed the revision to our By-Laws in January, Intergroup is in the process of finalizing a revision of our Personnel Policies & Procedures document. We hope to have this finished in May.

In May, Intergroup is hitting the road and meeting in District 5, at the Vineyard Church in Salida CO. Intergroup on the Road is a program we've established to let our outlying districts better understand who we are and what the Central Office and Intergroup can do for them. We support a big chunk of the state of Colorado, seven districts in all. After visiting District 5, we hope to get down to District 18 next fall.

In the next month or so we should have an updated Central Office website, thanks to Gene F.,

our webmaster. Its URL address won't change – <a href="www.aa-westerncolorado.org">www.aa-westerncolorado.org</a>, same as it is now. What will be different will be that it will be much easier to use with mobile platforms such as pads and phones, and it will have a much improved "find a meeting" functionality.

Don't forget about our annual Founder's Day Picnic on Sunday, June 10<sup>th</sup>, in Sherwood Park, Grand Junction. Bring a side dish!

Remember, the Intergroup and Steering Committee exist to help groups in western Colorado in their common purpose of carrying the message to the alcoholic who still suffers. If you want to help or have suggestions on how we can do this better, please talk to your Intergroup Rep or the Central Office.

Yours in Service,

#### Bob N

Chair, Western Colorado Intergroup

## **Step Five**

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

#### **Tradition Five**

Each group has but one primary purpose-to carry its message to the alcoholic who still suffers.

## **Concept Five**

Throughout our world service structure, a traditional "Right of Appeal" ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.



## **Group Contributions Report March 2018**

All Western Slope Meeting	\$121.05
Bayfield Stix	\$30.00
Beaver Creek	\$175.00
Brown Baggers—GJ	\$150.00
Brown Baggers—GWS	\$160.00
Burning Mtn—New Castle	\$80.00
Cortez Fellowship	\$119.00
Fellowship Group	\$130.00
Friday Night Fireside Meeting	\$115.00
Grand Mesa Group	\$50.00
Lunch Bunch—GJ	\$116.97
Noon Simplicity Group-Dillon	\$100.00
' '	φ 100.00
Odd Balls	\$204.00
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Odd Balls	\$204.00
Odd Balls Original Clifton	\$204.00 \$111.55
Odd Balls Original Clifton Robber's Roost	\$204.00 \$111.55 \$145.75

**TOTAL \$2,390.82** 

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Glenn C.

#### May & June Sobriety Celebration Dates

	may a dance debitely	O O I O D I G	
<u>Name</u>	Home Group	<u>Date</u>	<u>Years</u>
Carol M.	Women's Outreach	May 1	30
Doris B.	Lunch Bunch	May 1	10
Lee B.		May 1	53
Tom K.	Meeker #1	May 1	34
L.W. 'Red' H.	Rangely #1	May 3	35
Sarah S	mangery mi	May 3	21
Jeff C.		May 4	32
Laura M.	How It WorksCarbondale	May 5	8
Matthew A.	Telluride Group	May 5	
	Price Alano Club	•	16
Tony D.		May 5	31
Lindi R.	Attraction	May 8	29
Ron S.	Promises	May 8	6
Barry S.	Telluride	May 9	16
Laura P.	Aspen	May 10	27
Lissette T.	Rangely #1	May 10	12
Richard H.		May 10	20
Ashley	Telluride	May 11	37
Kevin H.	Aspen	May 12	30
Sally J.	Womens' Outreach	May 12	34
Sherry G.	Open Parachute	May 12	11
,		,	
Scott A.	Lunch Bunch	May 13	30
Scott Y.	Editeri Butteri	May 13	9
Dave H.	Brown Baggers-GJ	May 14	36
Chris S.		•	
	Aspen	May 15	25
John C.	Over the Hump	May 15	20
Linda E.	Delta Area Group	May 15	13
Cecil S.		May 17	26
Bill M.	Meeker #1	May 18	48
David D.	Odd Balls	May 18	33
Jack S.	Jump Start	May 18	16
Barb K.	Lunch Bunch	May 20	38
Stan K.	Silt Wild Bunch	May 20	30
Grace H.		May 22	21
Judy D.	Brown BaggersGWS	May 23	25
Sally Z.	Open Parachute	May 24	8
Craig M.	Odd Balls	May 25	4
Dan E.	o da bans	May 25	34
Mia V.	Aspen	May 25	28
IVIIa V.	Азреп	iviay 23	20
Nancy C	Attraction	May 25	40
Nancy C.	Attraction	May 25	40 20
Katherine S.	Over the Hump	May 26	20
Bill J.	Steamboat Seagulls	May 27	28
Bruce D.	Sunlight of the Spirit	May 29	22
Mary W.	Happy, Joyous & Free	May 30	11
Susan W.		May 30	7
Clana C	Ctoomboot Cooguille	N/av. 21	22

Steamboat Seagulls

May 31

32



## **Step Six**

Were entirely ready to have God remove all these defects of character.

## **Tradition** Six

An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.



#### **May & June Sobriety Celebration Dates**

<u>Name</u>	Home Group	<u>Date</u>	Years
Dani S.	Early Birds	June 1	19
Juan	Telluride	June 1	29
Kacee P.	Vail Beach Group	June 1	27
Doug W.	Aspen	June 2	29
Anna M.		June 3	8
Robert M.	Aspen	June 3	22
LeRoy S.		June 4	31
Norm M.	Grand Mesa	June 4	35
Jennifer F.	DVD-Basalt	June 5	19
John S.	Came To Believe	June 5	31
Riley T.		June 5	29
Loleen B.	What's the Point?	June 6	14
Robin C.		June 6	34
Tim M.	Wranglers	June 6	24
Dutch S.	Open Parachute	June 7	9
Ed N.	Open Parachute	June 8	8
Doris B.	Ute Mountain	June 9	30
Gelong T.		June 9	26
Rick R.		June 11	37
Stephanie J.	As Bill Sees It	June 11	13
Dennis T.	Aspen	June 11	29
Jan G.	Women's Outreach	June 14	38
Nancy B.	Promises	June 14	30
Janelle T.	Attraction	June 15	26
Kathy S.	A Vision for You	June 15	25
Michael V.	Steamboat Seagulls	June 15	28
Torey S.		June 15	19
Bill E.	Promises	June 18	27
Julie H.	Kremmling	June 18	11
Neal V.		June 18	11
Sherry R.	Just For Today	June 20	15
Tony C.	Came To Believe	June 20	46
Dominick C.		June 21	7
Frank B.	Aspen Triangle	June 22	26
Jane W.	Lunch Bunch	June 22	28
Sheila L.	As Bill Sees It	June 22	9
Ardon B.		June 23	43
James L.		June 23	18
Mitcheal A.		June 23	18
Smokey S.		June 23	39
James H.	New Horizons	June 26	29
Chris S.	Saturday Night Special	June 27	13
John D.	Palisade HOGS	June 28	7
Louise P.	Lunch Bunch	June 28	43
Rocky E.	Eagle	June 29	14
•	3		

## **Concept Six**

On behalf of A.A. as a whole our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision on respecting the large matters of the general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.

# What's Happening

### **Colorado Conference of Young People (CCYPAA)**

May 25-27, 2018

Colorado Mountain College, Glenwood Springs, CO 81501 Visit website to book room and meals packages: https://ccypaa2018

#### Founder's Day Picnic

Sunday, June 10, 2018—11:00 a.m.-3:00 p.m.

Sherwood Park, 1301 E. Sherwood Dr., Grand Junction

Central Office will provide drinks, hamburgers, hot dogs & a cake......

Bring a side dish......

#### **Area 10 Summer Assembly**

July 13-15, 2018

Registration Deadline June 13th

Colorado Mountain College, Glenwood Springs

## Addiction

The only Disease
That manipulates your mind
And assures you....

You don't have it





Military Memorial Service

Kevin L. Kerns

Veterans Memorial Cemetery

2830 Riverside Parkway

Grand Junction, Colorado 81501

May 11th, 2018 ~ 1:00pm

All are invited

Central Office of Western Colorado 1005 N 12th St Suite 107 Grand Junction CO 80501

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